

The Mouthpiece

SEPTEMBER 2000

THE ACTIVE DIVERS ASSOCIATION NEWSLETTER



Arctic National Wildlife Refuge In Danger

NRDC TO THE RESCUE AGAIN

Well, big business is at it again. Instead of the auto industry though, it is the **Oil Industry**. As you read this, the oil industry is mounting an all-out effort to open up the Arctic National Wildlife Refuge to drilling.

Using rising gasoline prices as a smokescreen, Big Oil's allies in Congress have already introduced legislation in both the House and Senate that would give the go-ahead to this devastating oil development.

The National Resources Defense Council (NRDC), whose Gray whale effort we supported 2 years ago, was responsible for saving their birthing grounds in Mexico from Mitsubishi and the Mexican government. Once again, they are spearheading an effort to stop this tragedy from taking place.

This raid on the Arctic Refuge is little more than shameful profiteering. It will line the pockets of a few oil companies while doing absolutely nothing to reduce gasoline prices at the pump. Oil drilled in the Refuge will take years to get to market and it will never equal more than 2% of the U.S. Oil supply -- a mere drop in the bucket of our nation's daily demand.

The Arctic Refuge represents everything spectacular -- and everything endangered -- about America's natural heritage. A million years of ecological serenity. . . a vast stretch of pristine wilderness. . . and an irreplaceable home for polar bears, caribou and dozens of other species that return here each year to give birth and rear their young.

The NRDC is working with people and clubs like ours in all 50 states to mobilize a show of force towards Big Oil and our own government. They need our financial support as well as our signatures.

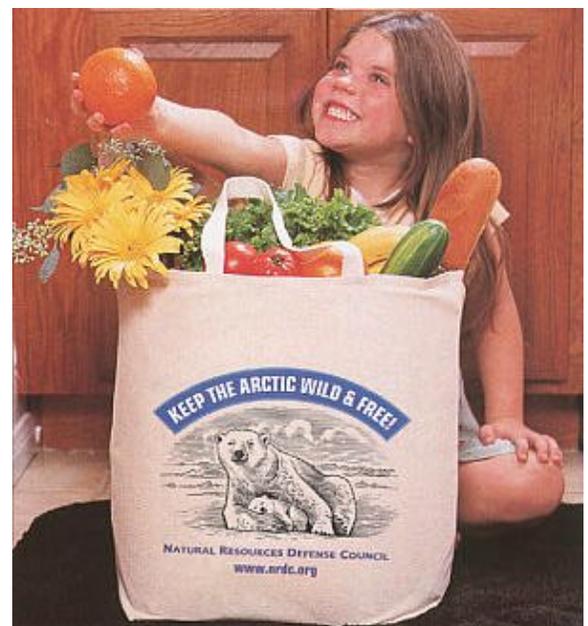
If you can give something to this wholeheartedly worthwhile cause, please do. In any case, please take 2 minutes to sign your name on the enclosed petition letter (click link below) and either send it to Lon Von Lintel, or give it to the divemaster on your next dive (Donations may be sent directly to the NRDC). And make photocopies of this letter to give to family, friends and coworkers. And if you are web-savvy, visit the NRDC page below to electronically sign & send your petition - no mailing, no fuss, no muss! Please give this electronic address out to others as well (it will also be placed on our website).

<http://www.serve.com/ADA/nrdc.pdf> (our printable petition letter)
<http://www.nrdc.org/land/wilderness/nanwr.asp> (online petition letter)

I personally feel a great sense of accomplishment and self worth, for having been a part of the defeat of Mitsubishi/Mexican Government and having procured a safe future for our Gray Whales. I will definitely support this cause and I hope that each and every one of our ADA members will do the same.

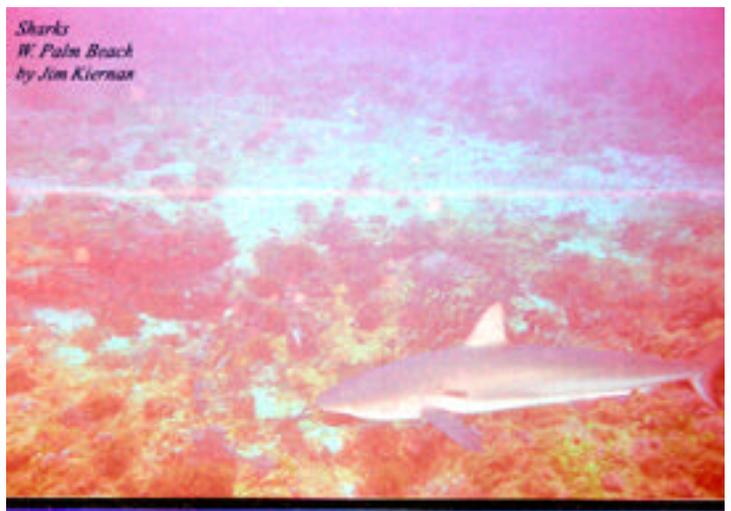
Thank You,
Your Editor -- Chris Wood

**FREE Totebag
with Donation!**





*Nick Boyd
West Palm
by Jim Kiernan
"Bleeds Up"*



*Sharks
W. Palm Beach
by Jim Kiernan*



*"An ADA Scramble"
8/13/00 West Palm by Jim Kiernan*



*Dan Baeza
8/13/00 W. Palm Beach
by Jim Kiernan*

TOP: (Left) 7/22 S. Key Largo.
(Right) 8/5 Islamorada - New members
Nick & Peter.

MIDDLE: (Left) West Palm - Nick Boyd,
our new graphics assistant for the
newsletter.
(Right) West Palm - Local Resident.

BOTTOM: (Left) 8/13 West Palm.
(Right) 8/13 West Palm - Dan Baeza

Local Diver Profile

Photos Submitted by:
Jim Kiernan & Lon Von Lintel

World Record FREEDIVER and trainer to conduct classes in Florida !

On July 19, 2000 in Bodrum, Turkey, 21 year old Yasemin Dalkilic broke the women's World Record by reaching the historic 100m/328 ft mark in the limited Variable Ballast category of competitive freediving. In addition, on July 23rd, Dalkilic set a second World Record (in the category of Unlimited Ballast) by completing a breath hold dive to 120m/394 ft, surpassing the recent performance of Cuban born Deborah Andollo who reached 115m/377 ft.

Dalkilic's first World Record, set on November 7, 1999 (Constant Ballast) and both of the above records are the result of a successful cooperative effort between Dalkilic and one of the world's foremost freediver trainers, Rudi Castineyra.

Castineyra has trained numerous freediver's for a total of 9 world records! Included in his accomplishments is the discovery and training of past World Record holder, Tanya Streeter. Streeter attended one of Castineyra's freediving clinics and 6 months later set her first world record.

Castineyra has developed a very comprehensive training system with specialized procedures and well proven techniques. The "average" freediving aficionado can dramatically (and safely) improve his/her skill level after attending one of Castineyra's clinics. By design, Rudi has created a 5-day freediving clinic that he and World Record holder Yasemin will offer on their upcoming tour of the USA. Typically included are, 3 days of academic theory and pool training, including (but not limited to) topics such as; Physics, Physiology, Respiratory/Gas considerations, Training Methodology and Techniques. The implementation of all the above is experienced during the final 2 days in open water.

Students will have the opportunity to learn all practical skills from the world champion herself, after being well prepared from Castineyra's dynamic lecture presentations. Both Castineyra and Dalkilic are Instructors for, F.R.E.E. (Freediving Regulations & Educational Entity) and will issue a Certification in Freediving upon successful completion of the clinic.

One class is scheduled for the end of September and two more in October. Rick Barocas, an avid freediver, has followed the career of Castineyra and commented, "I have a

great deal of respect for Rudi's accomplishments. In a sport that is so poorly supported by the North American dive industry, my hat's off to Rudi, who pretty much on his own, persevered and stayed dedicated to his true love and has repeatedly reaped the benefits. Not to mention, left his ego on a deep dive somewhere and is now willing to share his expertise with the rest of us".

This information courtesy of Rick Barocas,
Florida Frogman, Miami.

DANCING WITH DOLPHINS ADA BAHAMAS REPORT

This trip had a lot of everything. Seven days aboard the Nekton Pilot carried us more than 300 miles through some of the best the Bahamas has to offer.

Day 1 - Arriving at the west end of Grand Bahama Island, our first series of dives was just a taste of what was to come. Multiple coral heads at 50 feet provided dazzling colors and every tropical in the book.

Day 2 - Far north of west end on the Little Bahama Bank is home of wild spotted dolphins. We came across a family group feeding on fish and crabs in the brilliant white sand. After a little coaxing they finally obliged us with close encounters and playful teasing. One seemed to say "Lets play" as he snagged sea weed on his tail and delivered it to us to see if we could follow suit. Not quite. Several took a shining to Gwen and mimicked her dives and pirouettes. They played and spiraled, performing a mirror image ballet. (must have been a male dolphin) There was no doubt the dolphins enjoyed these games. There was also no doubt that these highly intelligent mammals recognized us as something special in their world, and we reciprocated in kind.

Days 3,4,5,and 6 - continued south our "but ugly but slow" pontoon boat delivered us to three ship wrecks with huge loggerheads and hawksbills, mini walls, remote reefs, and teeming fish populations in Gulf Stream waters.

Day 7 - Arriving back in Ft. Lauderdale we cleared customs and began our painful reentry into the real world. But we will always remember our adventures and the images of the Bahamas underwater world.

Lon Von Lintel



SEPTEMBER-OCTOBER DIVE SCHEDULE



▶ ▶ ▶ **New Rates for Tank Rentals at Biscayne National Park!** ◀ ◀ ◀

SEP 2, SAT MORNING MIAMI BEACH (ADVANCED) \$29.00

Choice of more than 40 wrecks. Some unlike anywhere else: Jet airliner, M-60 Tanks, Tankers, Freighters, Tugs, Barges. Most are intact with penetration possible. Average depth 90', visibility 40-50'. Expect currents and dramatic profiles, many fish. **See advanced criterion this issue.**

SEP 10, SUN AFTERNOON EAGLE WRECK (ADVANCED) \$29.00

The EAGLE, named for its donor, The Eagle Tire Company, is a huge freighter, lying on it's side in about 115' of water. Two green morays call it home, as do tarpon and barracudas. We call it a great dive! **See advanced criterion this issue.**

SEP 16, SAT MORNING BISCAYNE NATL.. PARK \$40.00 Tanks Incl. (BBQ \$5)

Sites may include: Rocky Reef, Elkhorn Forest, Ball Buoy, Far Out Reef, Cuda Ledge. Usually no currents, massive corals, small caves. The Keys "Best Kept Secret", only one commercial boat allowed in area. Depth 20-30', vis 30-60'.. **BBQ after dive, see article this issue.**

SEP 24, SUN AFTERNOON N. KEY LARGO \$29.00

Sites may include: The Christ of the Abyss, the Elbow, N. Dry Rocks, N. N. Dry Rocks, Grecian Rocks, Carysfort, Shark Reef. Average depth 30', usually no current. Average visibility is 30-50' with many tropicals, moreys, cudas.

OCT 1, SUN AFTERNOON FT. LAUDERDALE (ADVANCED) \$29.00

Sites include: Tenneco Towers, Mercedes, Jim Atria, Hog Heaven, Jay Scutti, Baracuda, Hammerhead. Depths 60-100', strong currents, average visibility 30-60'. **See advanced criterion this issue.**

OCT 8, SUN AFTERNOON DUANNE WRECK (ADVANCED) \$29.00

Our favorite Coast Guard Cutter, upright in over 100 feet of blue water. It DOES count even when you don't touch bottom! **OUR LIMIT 100 feet! See advanced criterion this issue.**

OCT 15, SUN AFTERNOON TAVERNIER \$29.00

Sites may include: Conch Reef, Davis Ledge, Hens & Chickens, Little Conch, Capt. Tom's Ledge, 40' Ledge, Fish Trap, Horseshoe. Average depth 30', average visibility 40-60', many moreys, schooling tropicals, unusual pillar corals.

OCT 22, SUN AFTERNOON BOYNTON (ADVANCED) \$29.00

Drift dive with currents, reef or wreck, big animals. Average depth 80', visibility 40-60'. **See advanced criterion this issue.**

OCT 24, SUN AFTERNOON N. KEY LARGO \$29.00

Sites may include: The Christ of the Abyss, the Elbow, N. Dry Rocks, N. N. Dry Rocks, Grecian Rocks, Carysfort, Shark Reef. Average depth 30', usually no current. Average visibility is 30-50' with many tropicals, moreys, cudas.

Earn Free dives & BBQ

Throughout the year, ADA will offer BBQ's after selected dives. You can enjoy both for free! All you do is volunteer to be the chef of the day - we provide a list of foods, you buy & bring to the dive. After the dive, you & the ADA Safety Officer cook & serve to the hungry divers. It's not too hard, and a great way to go for free! Call Lon & sign up. (ADA will reimburse monies spent for food).

Post-Dive BBQ's Only \$5 - Sep 16

Last year our BBQ's were a great success. A hot delicious meal after an exciting dive is a wonderful way to punctuate the day.

Cooking will begin just after we hit (not too hard I hope) the dock, and before you have stowed your gear, your choice of grilled meats will be ready for your enjoyment. Including:

- Grilled chicken, hamburgers, hotdogs
- Soda or beer
- Potato Salad, slaw, chips & condiments

When you make your dive reservation, indicate if you plan to join us (check the dive schedule first to make sure it's a BBQ dive) & include an additional \$5 with your dive schedule reservation payment.

ADA RULES & REGULATIONS
All Members Must be familiar with the following

**FOR ALL ADVANCED DIVES
(DEPTHS OVER 60') ADA DIVERS MUST:**

1. Be current (dive activity within the previous 3 months).
2. Have the approval of an ADA Safety Officer.
3. Have a minimum of 25 logged dives.
4. Carry an alternate air source (octopus), time keeping device and depth gauge.
5. Have previous ADA diving experience.
6. All members must dive with at least a 72 cubic foot tank.

**ADA GUIDELINES FOR
COMPUTER ASSISTED DIVING**

1. Members using dive computers may extend their time underwater ten-(10) minutes beyond the time allowed by the tables.
2. Computer assisted dives must be well within the NO DECOMPRESSION LIMITS.
3. Members should understand and follow the manufacturer's recommendations.
4. If a computer diver is buddied with a diver using the tables, both must follow the tables.
5. If a buddy-team is using unlike computers, both must follow the more conservative computer.
6. If, in a buddy-team, either computer fails, both divers must terminate the dive.

**IMPORTANT MESSAGE FROM
THE SAFETY OFFICERS' COMMITTEE**

All members are reminded to read the "Rules & Guidelines for Diving Activities" you received with your membership package. Number 16 states, "All divers must be present for the pre-dive briefing". If the diver is not present for the entire briefing, diving privileges may be revoked for that dive. Please plan to arrive on time - or better yet - a bit early. We thank you and appreciate your cooperation.

Julio, Dan, Robert, Lee and Lon

CANCELLATION AND REFUND POLICY

FOR LOCAL DIVE TRIPS

Because of our contractual agreements with our service agents - dive shops and boat captains, we must notify them - usually seven days in advance - of the final number of spaces we are paying for. Thus, if our members cancel less than seven days in advance, we regret that *NO REFUND OR CREDIT* can be given, unless trip cancellation insurance has been purchased at the time of the dive trip payment (see next news article!)

ADA TRIP CANCELLATION INSURANCE

The Board of Directors has approved a unique concept in local diving: *NO FAULT INSURANCE!!*

For an additional \$5.00, per person, per local dive trip, members can eliminate the worry of losing their dive fees because of an unforeseen change of plans.

If, for any reason you are unable to attend a local dive for which you are scheduled and have paid the insurance, ADA will credit your \$29.00 dive fee to another date. *The \$5.00 insurance is non-transferable and non-refundable!*

When you make a reservation, ask for dive trip cancellation insurance.

The Board has elected to continue the insurance offer for 2000.

NOTE: It may be discontinued at any time without prior written notice.

Please call Lon with your questions and comments.

IMPORTANT WEATHER INFORMATION

Before departing for the dive site, confirm weather condition with Lon or the designated Safety Officer. It is the responsibility of the member to call; we cannot call you due to the large number of divers involved. For morning dives, call between 6 and 10 p.m. the night before the dive. For afternoon dives, call between 9 and 10 a.m. the morning of the dive.

SEPTEMBER B-Days

| | |
|---------------------|----|
| Vetta Chase | 1 |
| Ann Drobner | 1 |
| Nancy Frank | 2 |
| Laurie Hime | 7 |
| Josh Kaufman | 11 |
| Carol Kelley | 11 |
| Dana Lundquist | 12 |
| Senta Sayers | 12 |
| Claudia Patterson | 13 |
| John Dalkowski | 14 |
| Carlos Dovo | 14 |
| Chris Hollingshead | 16 |
| William Sessions | 19 |
| Richard Cunningham | 20 |
| Mirek Czernek | 20 |
| Stan Pierz | 22 |
| Mara Suarez Requena | 22 |
| Kevin Blaser | 23 |
| Matthew Kiernan | 25 |
| Josefina Hansen | 29 |
| David Herron | 30 |
| Gabriel Kaufman | 30 |

ADA WEB SITE

(betcha didn't know)

On the back of every ADA newsletter, hidden among the other addresses, is the address for the ADA web site: www.serve.com/ADA. Note the "ADA" must be capitalized to gain entry. Our site is very useful to our members in a variety of ways:

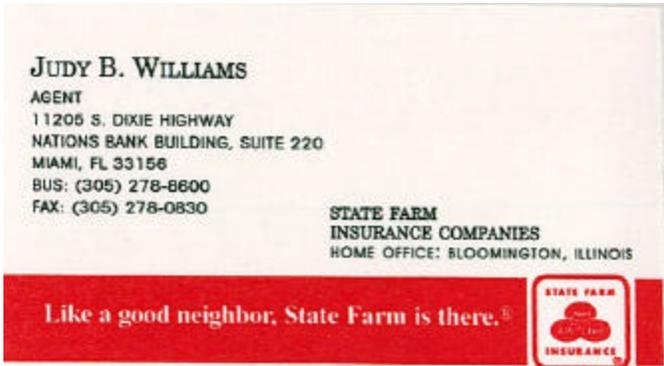
1. retrieve lost paper copies of dive schedules, forms, membership applications for friends, policies, etc.
2. links to all sorts of dive related information and fun stuff.
3. view the newsletter **IN FULL COLOR!!**
4. contact information to fax, write, call, or e mail us.
5. refer friends to our site to learn anything and everything about ADA.

Check it out - remember the "ADA" must be capitalized.

HOW TO MAKE DIVE RESERVATIONS

- 1) ✓ Check this newsletter or the annual calendar for upcoming dives.
- 2) ☎ Call Lon at (305) 251-4975 to make a reservation. Please do not leave requests on his answering machine, the trip may be full.
- 3) We will hold your reservation for four (4) days from the date you call. If we do not receive payment within four days, your space may be given to other members. If you wish to confirm receipt, call Lon.
- 4) Ask for details about the trip when you call. Otherwise, details will be given when you call for a weather check. (See "Important Weather Information" this and every issue)
- 5) ✉ Make your check payable to ACTIVE DIVERS ASSOCIATION, not to any individual, and mail to:
Lon Von Lintel, 15305 SW 104 Ave., Miami, FL 33157
- 6) Itemize dates of dives on bottom-left corner of check.
- 7) Do not pay for persons other than spouses or other family members. Include their names on check.

REMEMBER: That family members must have completed individual documentation to register as ADA members.



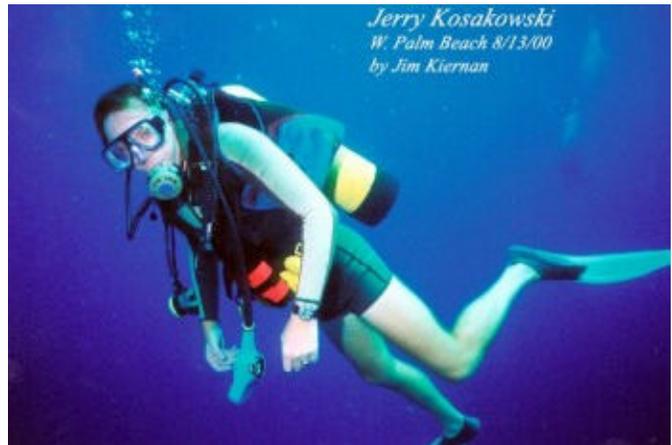
YOUR AD COULD BE HERE!

BUSINESS CARD ADS

| | |
|-----------|------------------------|
| | Space Available |
| 5 Issues | \$50 |
| 10 Issues | \$75 |

To Place Your AD Please Contact:
Chris Wood (305) 754-6882

Ads from \$7.50/mth



(Left) Chris Soule & Nelson Benedico -- (Right) Jerry Kosakowski
Pictures taken by Jim Kiernan at West Palm Beach.

THE ARCTIC NATL WILDLIFE REFUGE

Needs Your Help!

On the front cover of this issue, you will find an article on how our Arctic Wildlife Refuge is under attack by the Oil Companies. Together with the NRDC, ADA helped stop Big Industry before, and we saved our beloved Gray Whale's habitat. **Please read this article and sign the enclosed petition (click links below to see petition letter) so that we can save another of Nature's precious treasures.**

<http://www.serve.com/ADA/nrdc.pdf> (our printable petition letter)
<http://www.nrdc.org/land/wilderness/nanwr.asp> (online petition letter)

Inside this month's issue you'll find:

- Article National Wildlife Refuge vs. Big Oil
- The September-October Dive Schedule
- Nekton Pilot Bahamas Trip Report
- Local Diver Pics
- And much more...

THE Mouthpiece ACTIVE DIVERS ASSOC NEWSLETTER

September 2000 Issue

Dive Trips/Return Address:

Lon Von Lintel (305) 251-4975
15305 SW 104 Ave., Miami, FL 33157

Membership:

Jim Kiernan (954) 752-6234
1653 Cypress Pointe Dr., Coral Springs, FL 33071
nyflash@bellsouth.net

Conservation:

Robert Fox (305) 378-6733
Darryl Blackstone (305) 248-4310

Social:

Julio Raimundez (305) 551-7545
Patricia Hackett (305) 387-0015

Newsletter:

Chris Wood (305) 754-6882
cwood6@bellsouth.net

Website: <http://www.serve.com/ADA>

Email: ada@serve.com



THINKING ABOUT MOVING? ☎ DON'T KEEP IT A SECRET!
Call Jim at Membership (954-752-6234) *It could save your newsletter.*