



# The Mouthpiece



Sept. 2004 THE ACTIVE DIVERS ASSOCIATION NEWSLET-

## October Dive Schedule

Oct 3 Sun pm Islamorada

Just 4 miles past Tavernier, sites may include: Hammerhead, The Canyon, El Infante, Crocker, No Name, The Valley Aquarium, Alligator. Average depth 30–40', visibility 40–50'. Some current, many fish, shallow wrecks.

Oct 9 Sat am Biscayne National Park

Sites may include: Rocky Reef, Elkhorn Forest, Ball Buoy, Far Out Reef, Cuda Ledge. Usually no currents, massive corals, small caves. The Keys "Best Kept Secret", only one commercial boat allowed in area. Depth 20–30', vis 30–60'.

Oct 17 Sun am Biscayne National Park (Advanced) ( Barbeque \$7.00)

Sites – The Wall, Anniversary, Rocky Reef, Elkhorn Forest, Cuda Ledge, Ball Buoy, Doc DeMilly. Expect currents, usually we drift dive the deep reefs. Depths 70–110', average visibility 40–80'. Only one commercial dive boat allowed in area. **See advanced criterion this issue.**

Oct 23 Sat. pm Pompano (Advanced)

Drift dive with the currents, perhaps a deep reef or a wreck. Average depth 80', visibility 40–60', good chance of huge turtles. See advanced criterion this issue. **See advanced criterion this issue.**

Oct 31 Sun. pm Tavernier

Sites may include: Conch Reef, Davis Ledge, Hens & Chickens, Little Conch, Capt. Tom's Ledge, 40' Ledge, Fish Trap, Horseshoe. Average depth 30', average visibility 40–60', many moreys, schooling tropicals, unusual pillar corals.

## DIVE PACS FOR 2004

ALL NON PAC DIVES \$35

Five Pac	\$150	Save \$ 25
Ten Pac	\$290	Save \$ 60
Fifteen Pac	\$405	Save \$120
Unlimited season pass		\$550

*Pacs must be used in 2004.*

## It's Your Newsletter!

Let us not forget, fellow divers, I but lay out the newsletter. All articles from you concerning dive and club activities, as well as other relevant articles are greatly appreciated!!

## September Dive Schedule

Sept. 5 Sun am Biscayne National Park (*Advanced*)

Sites – The Wall, Anniversary, Rocky Reef, Elkhorn Forest, Cuda Ledge, Ball Buoy, Doc DeMilly. Expect currents, usually we drift dive the deep reefs. Depths 70–110', average visibility 40–80'. Only one commercial dive boat allowed in area. **See advanced criterion this issue.**

Sept. 11 Sat PM/Night Tavernier 3 Tanker!!

Sites may include: Conch Reef, Davis Ledge, Hens & Chickens, Little Conch, Capt. Tom's Ledge, 40' Ledge, Fish Trap, Horseshoe. Average depth 30', average visibility 40–60', many moreys, schooling tropicals, unusual pillar corals. (*See Below*)

Sept. 19 Sun pm N. Key Largo

Sites may include: The Christ of the Abyss, the Elbow, N. Dry Rocks, N. N. Dry Rocks, Grecian Rocks, Carysfort, Shark Reef. Average depth 30', usually no current. Average visibility is 30–50' with many tropicals, moreys, cudas.

Sept. 26 Sun pm Speigal Grove (*Advanced Divers*)

Down about two years now and still spectacular. Never dove it? Now is your chance. Dove it before? You still

## Nitrox Certification

Are you interested? Those who are certified know the benefits of using Nitrox on deep dives. Those who do not know should check it out. Do a search on Nitrox benefits.

Call Lon for more info and reservations.

The one day Course includes a.m. class work and afternoon dives. Approx cost is \$150.

## SEPTEMBER 11 THREE TANKER IN TAVERNIER

Three dives for the price of two! ADA has arranged a special program which will include a late afternoon dive, followed by a twilight dive followed by a night dive. Bring food and drink. All three will be shallow reef dives so this is good for all levels of experience. For first time night divers, a mini course on night diving will be offered. Such a deal!!! Call Lon at 305–251–4975 for reservations.

## New Speigal Grove Requirements !!!

Effective for 2004, all ADA divers must have advanced certification or higher. Other divers may dive, but will be required to pay for a guide, cost to be divided among those who need the guide.

LOXAHATCHEE RIVER CANOE-KAYAK TRIP  
"PERSEVERANCE CONQUERS ALL THINGS"

SATURDAY, 21 AUG 2004

By: Pat Hackett

Hurricane Charley interfered with our original scheduled 14 Aug 04 trip to Loxahatchee River. However, we persevered and it came about Saturday 21 August.

Those ADA members who were able to change their personal plans to make the paddle were: Maura Requena, Don Legault, Leonor Ruiz, Juan Carvajal and Pat Hackett.

We showed up at Canoe Outfitters, Jupiter, wearing our ADA shirts at 9:00 a.m. and were in the water with canoes and kayak at 9:45. It started out as an easy paddle, but as we continued there appeared more difficult turns and challenging fallen trees in the river to either go under or around. Juan said we had it easier Saturday than when Leo and he made a previous trip to the Loxahatchee and the river was lower.

Two dams proved to be extra fun because we hesitated to go over the mini "white water", but on encouragement from some boy scouts nearby, made the leap. How proud we were afterwards.

The view and canopy of wild cypress with hanging Spanish moss were breathtaking. Our wildlife on the Loxahatchee on this day consisted of many turtles sunning themselves on downed tree trunks.

After a brief stop along the way for lunch and a few photos, we pressed on to Trapper Nelson Interpretive Site. A Florida State Park Ranger was on hand to brief us on the site and the history of Trapper Nelson. He came to the area around 1936, built a rustic visitors center with a wildlife zoo. He lived his rural existence for 38 years.

Back to the dock and into our canoes and kayak again we were on the River headed towards the end of our journey. The river soon widened and the water turned brackish with mangroves taking over from the cypress. We arrived at the end of our trip at about 3:15, just in time to board the bus back to our departure point and our cars in the parking lot. It was nice leaving our rented canoes and kayak behind.

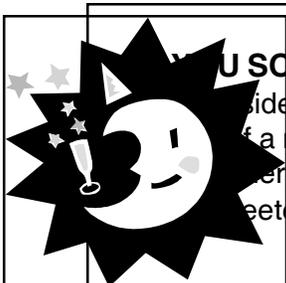
We had a final treat as we were leaving Jonathan Dickinson State Park. A group of about ten wild black hogs with



# Divers Dictionary

We all remember those first dive classes when we were bombarded by new terms, complex charts, and the thought of coming face to face with dangerous sea creatures. However, there is a whole list of terms that we were never taught but had to pick up on the back reefs of the world. ( The abridged version of this article appeared in the Oct. '95 issue of Sport Diver magazine)

- MASK**—Storage container for sea water samples until you reach the surface.
- FINS**— Torture device invented during the Spanish Inquisition.
- SNORKLE**— Breathing tube used to suck in sea water and insects while on the surface.
- WET SUIT**— Exactly what a diver does when the cold water and caffeine kick in.
- DRY SUIT**—Glorified inner tube and just about as comfortable.
- CHECK OUT DIVE**—Great opportunity to experience first hand: hypothermia, fear, and stupidity.
- NARCOSIS**— Does that cost extra?
- 2nd STAGE**— Not a theatre term.
- DEEP DIVE**— Depths greater than you find in your bathtub.
- SPARE AIR**— The air left in your buddies tank
- BOAT DIVING**— A complex task because boats don't usually dive.
- WRECK DIVER**—What you become after running out of air at 100 ft.
- EMBOLISM**—A BAD THING!
- OCTOPUS** —Large eight legged sea creature which attaches to your face at inopportune moments.
- B.C.** —The extra flotation you gain after too many holiday meals.
- C CARD** —"And they don't take American Express"
- SHARK** —Bottom feeding, cannibalistic, spineless, invertebrate, often found in courtrooms, newsrooms, and car lots.
- GIANT STRIDE**— An acrobatic maneuver so called because of the 15 foot drop to the water which occurs when the boat rolls to port while your exiting the starboard side.
- BUDDY BREATHING**— An often impossible task because your buddy has long ago left your side in search of the bikini clad, web-footed neoprene fish.
- BUDDY DIVING**— "Same day, same ocean— we must be buddies"
- "PLAN YOUR DIVE, DIVE YOUR PLAN"** — It's like a diving safety mantra, only different.
- FREE ASCENT** — A blazing rush to the surface at about warp 8.2.
- BLOWN OUT**— Don't even think about those words.
- 1/3 RULE**— Use 1/3 of the day thinking about throwing up, 1/3 of the day actually throwing up, 1/3 of the day being glad you threw up.
- REPETITIVE DIVE** —"We're going to the quarry again?"
- DIVE TABLES** — A complex chart using numbers and mysterious signs created to scramble a divers already overtaxed intellect.
- ECO-DIVER** —Short for E-Coli (bacteria found on third world dive trips)
- TECHNICAL DIVING** —"I could tell you but I'd have to kill you"
- MAX DEPTH** —Your actual depth minus 50'. Used when describing your dive profile to the dive instructor.
- DIVE COMPUTER** —a \$700 addition to your weight belt.
- V.I.P.** — "Virtually Impossible to Peer inside a tank"
- NITROX** —See Technical diving above
- BOTTOM TIME** — Time spent sitting on the narrow , uncomfortable bench on the way to the dive site.
- PURGE** —The button you push to get rid of the chili-dog you belched into the regulator.
- NEWBEE DIVER** —"Okay, the doohickey attaches to the whats-it"
- TUB DIVER** —Specialist in the off season, shallow, freshwater dives.
- HYDRO** —A monster that feeds on Luxfer aluminum 80's.
- FLOOD**— What your sinuses do to your mask.
- BUOYANCY CONTROL** —The art of not cratering the sea bottom or rocketing past mean sea level.
- DIVE LIGHT** —A waterproof case for carrying dead batteries.
- GEAR BAG** — Storage bag for sand, shells, old sandwiches, mildewed T-shirts, and stowaway sea critters.
- DIVE KNIFE** —An underwater magnet for rust, that when in an emergency, won't cut through hot butter.
- THE SECRET OF DIVING**— Inhale, exhale, repeat as necessary.



## DO YOU SOCIAL?

Considering several plans for more socials this year. We would like your ideas of what and where. Do you have a nice place that would be a good venue for a happy hour, snacks, and fun? Do you like the idea of a social for members and future members? Are you a party animal? Would you like to help organize and be the host and hostess?

# !!! ADA FREE RAFFLE !!!

## Prizes to be awarded:

<b>1st Prize</b>	<b>Unlimited Dive pac for 2005</b>	<b>Value over \$1000</b>
<b>2nd Prize</b>	<b>10 Dive Pac for 2005</b>	<b>Value of \$350</b>
<b>3rd Prize</b>	<b>5 Dive Pac for 2005</b>	<b>Value of \$150</b>

## Raffle tickets can be earned as follows:

<b>1 Ticket</b>	<b>attend any ADA activity</b>
<b>1 Ticket</b>	<b>Proudly wear ADA t-shirt at the dive briefing</b>
<b>5 Tickets</b>	<b>Win the weekly Mini-raffle</b>
<b>5 Tickets</b>	<b>Win the Monthly Photo Contest</b>
<b>10 Tickets</b>	<b>Sign up a New Member</b>
<b>15 Tickets</b>	<b>Be the B-B-Q Chief for a dive</b>

## Details...

- 1. Drawings will be held later this year at an event to be determined.**
- 2. Tickets will be given retroactively for events already held this year. Advise Lon on what you have earned.**
- 3. All ADA members are eligible.**
- 4. Mini-raffles will be held at all ADA activities.**

## **\$33.50**

Cost in U.S. dollars for a two-ounce bottle of Kona Nigari, desalinated seawater from up to 2,000-foot depths off the coast of Hawaii—no doubt the most expensive bottled-water product in the world (do the math: that's \$2144 a gallon). The demand for this and similar, mineral-rich Hawaiian deep seawater extracts, marketed as dietary supplements, is driven by the Japanese, who import some 80,000 bottles a day. ( I wonder what the length of the Deco stop is and at what depth)

## **Not-So-Silent World**

Thanks to the ubiquitous iPod, everyone is tethered to an MP3 player these days, but don't try taking that pricey little toy underwater. If you need music, directions, or narration to make your dive complete, H2O Audio is a better choice. The compact iRiver MP3 player is widely available with 64, 128, 256, 512 megabytes of memory for anywhere from two to sixteen hours of audio. Now, what makes it dive-ready is the new H2O Audio DV-X housing with built-in amplifier and underwater headphones that provide studio-quality sound down to 200 feet. Download your favorite tunes via USB cable, lock down the housing and clip the earphones to your mask strap. You'll be jammin' from giant stride to safety stop. *Price:* With the iRiver player, \$449 to \$649, depending on memory size. The H2O Audio also sold separately. (Or for a lot less, Lon will sing for you)

# ADA Photography Contest

Winners are announced in each MOUTHPIECE and a link provided so the images can be viewed online. Winners will win raffle tickets (see related article).

In addition, a Yearly Grand Prize Winner will be announced and recognized. Board Members can enter the contests but are not eligible to receive any contest prizes (other than the recognition). There will be 1st and 2nd place winners for each category – if a board member has won, then there will be further winners to the extent non board members have won 1st and 2nd prizes. Judging will be done ultimately by someone with professional experience yet does not participate in the contest.

Five Categories:

- 1) "Film Cameras External Strobe(s) Manual Settings",
- 2) "Film Point and Shoot" – Those without external strobe(s) and manual settings,
- 3) "Digital Cameras – External Strobe(s) Manual Settings",
- 4) "Digital Camera Point & Shoot" – no external strobe(s), and
- 5) "Anything Goes" can be any picture from the time the boat leaves the dock. Be as creative as you can, edit at will.

We contemplate expanding to a Master category for four time winners.

The Rules:

Pictures will be from the 2004 dive season,

Pictures will be limited to South Florida Waters or ADA sponsored dives,

Picture submission will be limited to two per month per diver per category,

The only editing allowed is overall color balance and sharpening. Please do not otherwise edit, such as, but not limited to – crop, clone, mend, paint, saturate, cut, paste, move, etc. Of course, this last rule does not apply to the "Anything Goes" category.

Photographers will provide either 1) prints, and/or slides from film cameras, or 2) jpeg files from digital cameras or the "Anything Goes" category,

Prints or slides will only be returned if a Stamped, Self-addressed envelope is provided ,

Prints or slides will be scanned for judging and posting to the website ,

Be sure to Include/provide your full name, camera model, category, lighting (name of external strobes, indicate if internal strobe, natural light, etc), special lens, dive site, description of entry, etc – if you do not include this information the pictures will not be judged.

Send your prints, slides, or digital images on CD to:

J. Nicholas Boyd One South Ocean Blvd. Ste. 204 Boca Raton. FL 33432

Or

e-mail the digital images to: [nboyd@oceanlandinc.com](mailto:nboyd@oceanlandinc.com) (re-size them to 800x600 and as uncompressed as your camera will allow). If you email your pics, follow up with a confirmation e-mail to ensure they got there. Large e-mails sometimes get "lost in the mail". Include/provide your full name, camera model, category, lighting (name of external strobes, indicate if internal strobe, natural light, etc), special lens, dive site,

## **Post Dive BBQS**

Cost \$7.00 includes-

Grilled hotdogs, hamburgers, chicken, Potato Salad, Coleslaw, chips and fixins. Soda & Beer.

While divers are tending their gear, our chef of the day will be preparing a feast fit for a King/Queen or at least for hungry divers. We invite all divers on the above dates to join us for good outdoor food and telling tall fish tales. Please send \$7 along with the dive fees, you may make one check for both.

## **DIVE AND EAT FREE**

That's right, on our BBQ days you can earn a free dive and free eats. It's easy, just volunteer to be the chef of the day and you go for free.

Here's how it works -

You buy the food and bring to the dive, after which you and the Safety Officer will prepare and serve. The supplies and menu list will be faxed to you a few days prior with an exact list of needed items. Then you submit a receipt and your expenses will be reimbursed. Call Lon for more info and sign up!

## ADA RULES & REGULATIONS

All Members Must be familiar with the following

### FOR ALL ADVANCED DIVES (DEPTHS OVER 60') ADA DIVERS MUST:

- Be current (dive activity within the previous 3 months).
- Have the approval of an ADA Safety Officer.
- Have a minimum of 25 logged dives.
- Carry an alternate air source (octopus), time keeping device and depth gauge.
- Have previous ADA diving experience.
- All members must dive with at least a 72 cubic foot tank.

### ADA GUIDELINES FOR COMPUTER ASSISTED DIVING

- Members using dive computers may extend their time underwater ten-(10) minutes beyond the time allowed by the tables.
- Computer assisted dives must be well within the NO DECOMPRESSION LIMITS.
- Members should understand and follow the manufacturer's recommendations.
- If a computer diver is buddyed with a diver using the tables, both must follow the tables.
- If a buddy-team is using unlike computers, both must follow the more conservative computer.
- If, in a buddy-team, either computer fails, both divers must terminate the dive.

### IMPORTANT MESSAGE FROM THE SAFETY OFFICERS' COMMITTEE

All members are reminded to read the "Rules & Guidelines for Diving Activities" you received with your membership package. Number 16 states, "All divers must be present for the pre-dive briefing". If the diver is not present for the entire briefing, diving privileges may be revoked for that dive. Please plan to arrive on time – or better yet – a bit early. We thank you and appreciate your cooperation.  
*Julio, Dan, Robert, Lee and Lon*

## CANCELLATION AND REFUND POLICY FOR LOCAL DIVE TRIPS

Because of our contractual agreements with our service agents – dive shops and boat captains, we must notify them – usually seven days in advance – of the final number of spaces we are paying for. Thus, if our members cancel less than seven days in advance, we regret that *NO REFUND OR CREDIT* can be given, unless trip cancellation insurance has been purchased at the time of the dive trip payment (see next news article!)

### ADA TRIP CANCELLATION INSURANCE

The Board of Directors has approved a unique concept in local diving: *NO FAULT INSURANCE!!*

For an additional \$5.00, per person, per local dive trip, members can eliminate the worry of losing their dive fees because of an unforeseen change of plans.

If, for any reason you are unable to attend a local dive for which you are scheduled and have paid the insurance, ADA will credit your dive fee to another date. *The \$5.00 insurance is non-transferable and non-refundable!*

When you make a reservation, ask for dive trip cancellation insurance. The Board has elected to continue the insurance offer for this year.

NOTE: It may be discontinued at any time without prior written notice.

Please call Lon with your questions and comments.

### IMPORTANT WEATHER INFORMATION

Before departing for the dive site, confirm weather condition with Lon or the designated Safety Officer. It is the responsibility of the member to call; we cannot call you due to the large number of divers involved. For morning dives, call between 6 and 10 p.m. the night before the dive. For afternoon dives, call between 9 and 10 a.m. the morning of the dive.

### HOW TO MAKE DIVE RESERVATIONS

Check this newsletter or the annual calendar for upcoming dives.

( Call Lon at (305) 251-4975 to make a reservation. Please do not leave requests on his answering machine, the trip may be full.

We will hold your reservation for four (4) days from the date you call. If we do not receive payment within four days, your space may be given to other members. If you wish to confirm receipt, call Lon.

Ask for details about the trip when you call. Otherwise, details will be given when you call for a weather check. (See "Important Weather Information" this and every issue)

\* Make your check payable to ACTIVE DIVERS ASSOCIATION, not to any individual, and mail to:

**Lon Von Lintel, 15305 SW 104 Ave., Miami, FL 33157**

Itemize dates of dives on bottom-left corner of check.

Do not pay for persons other than spouses or other family members. Include their names on check.

REMEMBER: That family members must have completed individual documentation to register as ADA members.

# COPY Experts

**Carlos Paz**

Tel: 305-513-8421      7809 N.W. 57th Street  
Fax: 305-513-8422      Miami, FL 33166  
E-mail: [huicho\\_1@bellsouth.net](mailto:huicho_1@bellsouth.net)

## Mouse Calls

Steve Herz  
13441 S.W. 108th St. Cir. N.  
Miami, Fl. 33186

Phone: 305-752-3755  
Fax: 305-752-3533  
Email: [Sbar369886@msn.com](mailto:Sbar369886@msn.com)  
Cell: 305-606-6331

Computer Repairs  
Upgrades  
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done quickly in the comfort of your  
Home or Workplace.

## 2004 ADA PROGRAM HIGHLIGHTS

SINGLES ONLY DIVES  
NEW MEMBERS DIVES  
KAYAK TRIPS  
CANOE TRIPS  
COZUMEL EXPEDITION  
DOUBLE WALL DIVES  
BBQs and PICNICS  
AWARDS BRUNCH  
LOOE KEY WEEKEND  
SOMBRERO KEY DIVES  
NIGHT DIVES  
3 TANK DIVES  
TWILIGHT DIVES  
CAMPING/CAVERN DIVES

THE Mouthpiece  
ACTIVE DIVERS ASSOCIATION  
NEWSLETTER  
*September 2004*



Dive Trips/Return Address:  
Lon Von Lintel (305) 251-4975  
15305 SW 104th Ave., Miami, Fl 33157

Membership:  
Jim Kiernan (954) 227-8885  
3200 Coral Springs Dr., Apt 104  
Coral Springs Fl 33065  
[Membership@activedivers.org](mailto:Membership@activedivers.org)

Conservation:  
Jerry Kosakowski (954) 680-1642

Social:  
Julio Raimundez (305) 551-7545  
Patricia Hackett (305) 387-0015

Newsletter:  
Steve Herz (305) 752-3755  
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