



The Mouthpiece



April 2009 THE ACTIVE DIVERS ASSOCIATION NEWSLETTER

APRIL DIVE SCHEDULE

18 Sat. pm Miami reef \$49
Nice way to start the dive season. Nice and easy does it on some nice local reefs. Get the kinks out, get the gear out, and lets go diving!

26 Sun. pm N. Key Largo reef, \$49
Sites may include: The Christ of the Abyss, the Elbow, N. Dry Rocks, N. N. Dry Rocks, Grecian Rocks, Carysfort, Shark Reef. Average depth 30', usually no current. Average visibility is 30-50' with many tropical's, morays, cudas

MAY DIVE SCHEDULE

2 Sat. am BNP, reef, \$59 BBQ \$10
Sites may include: Rocky Reef, Elkhorn Forest, Ball Buoy, Far Out Reef, Cuda Ledge. Usually no currents, massive corals, small caves. The Keys "Best Kept Secret", only one commercial boat allowed in area. Depth 20-30', vis 30-60'. **BBQ after dive, see article this issue.**

9 Sat. pm Tavernier reef, \$49
Sites may include: Conch Reef, Davis Ledge, Hens & Chickens, Little Conch, Capt. Tom's Ledge, 40' Ledge, Fish Trap, Horseshoe. Average depth 30', average visibility 40-60', many morays, schooling tropical's, unusual pillar corals

17 Sun. am N. Keys wrecks, adv. \$170.
See information below.

23 Sat. am Elliott Key reef, \$59
The northernmost of the true *Florida Keys*. Lots of nice reefs and fish galore. Come dive and have fun with us.

31 Sun. pm Palm Beach adv. \$49
Drift Dive in swift currents, giant turtles, grouper, schooling fish and outstanding color. Depth 80-100', visibility 40-100'. **See advanced criterion this issue.**

MAY 17 SPECIAL WRECKS DIVES.

The three best wrecks in one day, the Duanne, Eagle and Spiegel Grove. All day trip includes tanks, weights and lunch. Divers must have Advanced Certification. Called the Tons of Steel by Capt. Slate, it is a very unusual day of diving. Nitrox is available for those certified. Go to www.captainslate.com for more info.

Passing of Nansy MacKenzie

March 22, 2009 ADA member

Nansy MacKenzie was a lady of many talents. She was a member of several clubs and organizations. Not only was she a member, she was a productive member involving herself and giving her time utilizing her skills from advertising, public relations, to working with photoshop programs. You would often find her at someone's house helping to put stamps on newsletters to be mailed. You would see her at a party in Hillsborough Beach or sailing in the ocean with a group from Fort Lauderdale. After sailing, she would then get ready for a dive with ADA. The next weekend she would be diving with another group of friends in Broward. The following week you would find her on the slopes in Colorado partying and laughing after a day of skiing. It seems unlikely that a woman who was so busy and full of life would be suffering from a terminal illness. Nansy was diagnosed with myelofibrosis, a bone marrow disease. This condition replaces healthy bone marrow with a fibrosis tissue which interferes with the normal growth of healthy blood cells. For months she was taking interferon and quietly suffering from an enlarged spleen, a condition related to her illness which became very visible during her last few years of her life. Her last ditch effort was to have a bone marrow transplant in Tampa. The first transplant was done in 2008 with another that followed later. Soon after, Nansy's kidneys failed and she peacefully passed away on Sunday March 22, 2009 at 10:15am.

So on your next dive raise your inflator of your BC as if it were a glass of champagne and salute Nansy MacKenzie who lived a full life despite her hurdles of her daily challenges. God bless you Nansy.



ADA KEEPING DIVE COSTS DOWN

1. We do not plan to raise our local dive prices this year.
2. We are offering free beach dives this year in the metro area. No need to drive long distances to dives.
3. Our prices are still the lowest in town.

Examples:

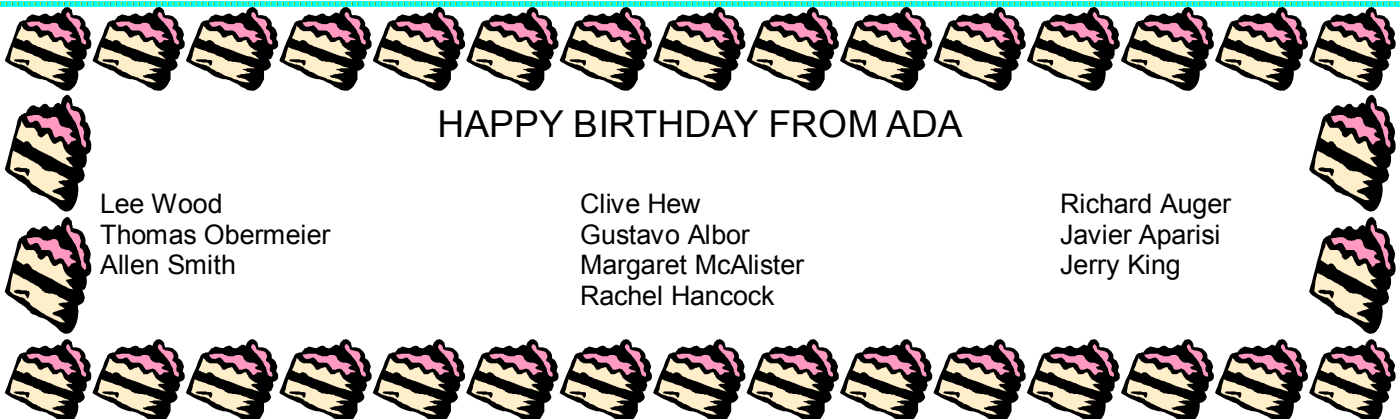
Dive shop A- walk in divers \$99

Our price same shop \$59

Dive shop B- walk in divers \$80

Our price same shop \$49

4. Free dives and free food. See article this issue for details.
5. We are offering a frequent-diver discount. Pay for any 5 local dives and get the 6th FREE. You can't beat that with a stick.



HAPPY BIRTHDAY FROM ADA

Lee Wood

Thomas Obermeier

Allen Smith

Clive Hew

Gustavo Albor

Margaret McAlister

Rachel Hancock

Richard Auger

Javier Aparisi

Jerry King

ADA 2009 KICKOFF EVENT !!
10 AM, April 4, 2009
Biscayne National Park auditorium.

Featuring-

PARK RANGER REPORTS

A colorful presentation of dive sites, reef ecology, species ID, history of park wrecks, and conservation programs.

SAVE OUR REEFS presentation

An ambitious project to erect huge columns of stone to form letters spelling out "Save our reefs" in shallow water near Key Biscayne, visible to all air travelers.

DIVER OF THE YEAR AWARD

A prestigious award recognizing the person who made the most dives with ADA in 2008. This handsome plaque has been awarded yearly to our members since 1980 and is proudly displayed in homes of previous winners

VOLUNTEERS RECOGNITION AND AWARDS

Each and every person who gave their time, talents, and hard work in 2008 will be recognized and thanked for all they have given to ADA for the benefit of our members.

FREE RAFFLE

Many door prizes, gag gifts, prizes and humorous novelties will brighten our day.

SHORTY'S BBQ BONANZA

Arguably the best BBQ dinners in South Florida is Shorty's BBQ. They will provide us with a finger-lickin-good menu to include-

1. Shorty's famous Baby Back ribs.
2. Chicken quarters with their famous sauce.
3. BBQ baked beans in a rich tomato base.
4. Creamy Southern style potato salad.
5. Corn on the cob with butter sauce.
6. Tossed garden salad with choice of dressings.
7. Dinner rolls and choice of 5 drinks.

AND SURPRISE Home-made specialties provided by our members

RESERVATIONS REQUIRED. DEADLINE MARCH 25

Seating is limited to 35, so call today.

Call Social Committee chair Pat Hackett

305 387 0015

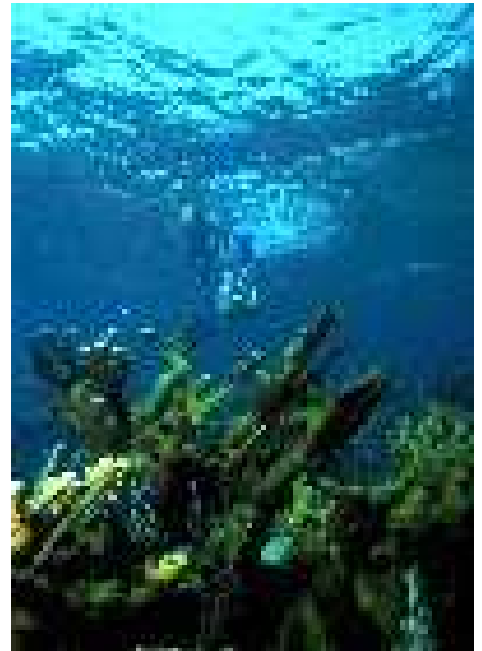
Cost for admission and BBQ is only \$10

Make check payable to ADA and mail to:

Lon Von Lintel

13374 SW 46 Terr.

Miami, Fl. 33175



Lionfish spotted

The Lionfish is an exotic species from the Pacific with poisonous spines. It has been seen at several locations around South Florida including the Benwood near Key Largo, Lauderdale, and Boynton Beach. Having no natural predators it seems likely to proliferate and dominate native species. This candy-striped fish has the potential to wreak havoc for our marine ecology. It eats practically everything in sight and will out compete reef fish.



It was probably introduced in our waters by being dumped from aquariums or from the ballasts of ships. There are reports from the Bahamas that they are seen by the millions. If you see one, do not touch, the spines pack a powerful poison. Call REEF at 305 852 0030 or go to www.reef.org to report details of sighting.

Coral Restoration Project

ADA and make a difference as we have actually planted living coral in areas that have suffered coral loss in the past few years.

The plan:

We meet at the Florida Keys Dive shop at 8 am on either March 21 or April 4.. After check in, we move to a nearby facility for orientation and demonstration of how to prepare coral "babies" for transport and planting.

Then after lunch, we board the boat for a two tank dive on a local reef. Under the tutoring of Ken Nedimyer, we carefully cement the babies to the reef. We also may visit previous transplants in other areas to witness the progress of growth.

Costs: Boat ticket is \$35, an ADA discount, and \$50 donation to the Coral Restoration Foundation for permits, fees and other expenses.

Call the Florida Keys Dive Shop for reservations 1 800 433 8946

Call Lon for more info.



DISEASE TRANSMISSION FROM SCUBA GEAR?

Do you practice buddy breathing from the same regulator?

Do you rent scuba gear?

Do you practice CPR on a practice dummy?

If so, you should read the info posted on Scubadoc Dec. 08. You may be surprised what you learn.

Take a look, go to scuba-doc.com/tenfootstop/



THANK YOU ADA VOLUNTEERS!!

Every dive, every BBQ, every event, every party, every program, every thing ADA does for you, our members, is accomplished by the hard work of our volunteers.

Those who do it for you:

Frank Young- membership chair, Safety Officer, Disabled Divers Buddy instructor.

Steve Herz- newsletter editor, Safety Officer

Dan Baeza- Board member, Safety Officer, internet consultant

Lee Wood- Board member, Safety Officer, Disabled Divers Buddy instructor

Robert Fox- Safety Officer, BBQ chef

Barbara Fox- BBQ chef

Sharon Baron- Board member, Secretary, trip coordinator

Dafne Martinez-Obermeier- Board member, Treasurer

Jerry Kosakowski- Board member, Print PR chair , conservation chair

Chris Wood- Board member, internet consultant

Daryl Johnson- Board Member, Safety Officer

Pat Hackett- social committee chair

Mo Smith- Safety Officer

Mara Suarez- newsletter assistant

Don Legualt- newsletter assistant

Peter Taylor- BBQ chef

Jim Kiernan- Board member

Connie Crowther- Disabled Divers coordinator

My thanks, and to anyone I have overlooked, my apologies.

Lon



Post Dive BBQS

Cost \$10.00 includes-

Grilled hotdogs, hamburgers, chicken, Potato Salad, Coleslaw, chips and fixins. Soda & Beer.

While divers are tending their gear, our chef of the day will be preparing a feast fit for a King/Queen or at least for hungry divers. We invite all divers on the above dates to join us for good outdoor food and telling tall fish tales. Please send \$10 along with the dive fees, you may make one check for both.

DIVE AND EAT FREE

That's right, on our BBQ days you can earn a free dive and free eats. It's easy, just volunteer to be the chef of the day and you go for free.

Here's how it works -

You buy the food and bring to the dive, after which you and the Safety Officer will prepare and serve.

The supplies and menu list will be faxed to you a few days prior with an exact list of needed items. Then you submit a receipt and your expenses will be reimbursed. Call Lon for more info and sign up!

ADA 2009 DIVE SCHEDULE

April				August					
18	Sat.	pm	Miami	Basic reef	1	Sat.	pm	Tavernier	Adv. drift/BBQ
26	Sun.	pm	N. Key Largo	Basic reef	8	Sat.	am	Beach dive	Basic reef
May				September					
2	Sat	am	BNP	Basic reef/BBQ	9	Sun.	pm	N. Key Largo	Basic reef
9	Sat	pm	Tavernier	Basic reef	15	Sat.	pm	Ft. Lauderdale	Basic reef
17	Sun	am	Northern Keys	Adv. wreck	15	Sat.	Night	Ft. Lauderdale	Basic reef
23	Sat.	am	Elliott Key	Basic reef	22	Sat	pm	Palm Beach	Adv. reef
31	Sun	pm	Palm Beach	Adv. Reef	30	Sun.	pm	Tavernier	Basic reef
June				October					
6	Sat.	pm	Islamorada	Basic reef	5	Sat.	pm	Miami	Basic reef
7	Sun.	am	Beach dive	Basic reef	13	Sun.	pm	Spiegel Grove	Adv. wreck
14	Sun.	pm	Tenneco	Adv. wreck	20	Sun	pm	Islamorada	Basic reef
20	Sat.	pm	N. Key Largo	Basic reef/BBQ	26	Sat.	pm	Duanne	Adv. wreck/BBQ
20	Sat.	Night	N. Key Largo	Basic reef	26	Sat	Night	Tavernier	Basic reef
28	Sun.	pm	Miami	Adv. Wreck	November				
July				November					
5	Sun.	am	BNP	Basic reef	1	Sun.	pm	Tavernier	Adv. drift
11	Sat.	pm	Palm Beach	Adv. reef	8	Sun.	pm.	Miami	Adv. wreck
11	Sat.	Night	Palm Beach	Basic reef	14	Sat	pm	Pompano	Adv. reef
12	Sun.	am	Beach dive	Basic reef	22	Sun.	pm	Eagle	Adv. wreck
19	Sun.	pm	Hollywood	Basic reef					
25	Sat	pm	Islamorada	Basic reef					

ADA RULES & REGULATIONS

All Members Must be familiar with the following

FOR ALL ADVANCED DIVES (DEPTHS OVER 60') ADA DIVERS MUST:

1. Be current (dive activity within the previous 3 months).
2. Have the approval of an ADA Safety Officer.
3. Have a minimum of 25 logged dives.
4. Carry an alternate air source (octopus), time keeping device and depth gauge.
5. Have previous ADA diving experience.
6. All members must dive with at least a 72 cubic foot tank.

ADA GUIDELINES FOR COMPUTER ASSISTED DIVING

1. Members using dive computers may extend their time underwater ten- (10) minutes beyond the time allowed by the tables.
2. Computer assisted dives must be well within the NO DECOMPRESSION LIMITS.
3. Members should understand and follow the manufacturer's recommendations.
4. If a computer diver is buddyed with a diver using the tables, both must follow the tables.
5. If a buddy-team is using unlike computers, both must follow the more conservative computer.
6. If, in a buddy-team, either computer fails, both divers must terminate the dive.

IMPORTANT MESSAGE FROM THE SAFETY OFFICERS' COMMITTEE

All members are reminded to read the "Rules & Guidelines for Diving Activities" you received with your membership package. Number 16 states, "All divers must be present for the pre-dive briefing". If the diver is not present for the entire briefing, diving privileges may be revoked for that dive. Please plan to arrive on time - or better yet - a bit early. We thank you and appreciate your cooperation.

Julio, Dan, Robert, Lee and Lon

CANCELLATION AND REFUND POLICY FOR LOCAL DIVE TRIPS

Because of our contractual agreements with our service agents - dive shops and boat captains, we must notify them - usually seven days in advance - of the final number of spaces we are paying for. Thus, if our members cancel less than seven days in advance, we regret that *NO REFUND OR CREDIT* can be given, unless trip cancellation insurance has been purchased at the time of the dive trip payment (see next news article!)

ADA TRIP CANCELLATION INSURANCE

The Board of Directors has approved a unique concept in local diving: *NO FAULT INSURANCE!!*

For an additional \$5.00, per person, per local dive trip, members can eliminate the worry of losing their dive fees because of an unforeseen change of plans.

If, for any reason you are unable to attend a local dive for which you are scheduled and have paid the insurance, ADA will credit your dive fee to another date. *The \$5.00 insurance is non-transferable and non-refundable!*

When you make a reservation, ask for dive trip cancellation insurance. The Board has elected to continue the insurance offer for this year.

NOTE: It may be discontinued at any time without prior written notice.

Please call Lon with your questions and comments.

IMPORTANT WEATHER INFORMATION

Before departing for the dive site, confirm weather condition with Lon or the designated Safety Officer. It is the responsibility of the member to call; we cannot call you due to the large number of divers involved. For morning dives, call between 6 and 10 p.m. the night before the dive. For afternoon dives, call between 9 and 10 a.m. the morning of the dive.

1.

HOW TO MAKE DIVE RESERVATIONS

1. Check this newsletter or the annual calendar for upcoming dives.
2. Call Lon (305) 251-4975 to make a reservation. Please do not leave a message on the answering machine, The trip may be full.
3. We will hold your reservation for four (4) days from the date you call. If we do not receive payment within four days, your space may be given to other members. If you wish to confirm receipt, call Lon.
4. Ask for details about the trip when you call. Otherwise, details will be given when you call for a weather report. See important weather information in this and every issue)
5. Make your check payable to ACTIVE DIVERS ASSOCIATION. Not to any individual, and mail to :
Lon Von Lintel , 13374 SW 46 Terrace Miami, Fl. 33175
7. Itemize dates of dives in the left hand corner of your check.
8. REMEMBER! That family members must have completed individual documentation to register as ADA members.

ADA CHECK-IN TIMES !!!

Ours are different than the dive operators.

When making dive reservations or during the all important WEATHER CHECK.

Inquire about the ADA CHECK-IN TIME. Please arrive on time, or better yet, a bit earlier and chat with new friends and old buddies.

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Web Page: DiversDenmiami.com

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Dive Trips/Return Address:
Lon Von Lintel (305) 251-4975
13374 SW 46 Terrace Miami, FL 33175

Membership:
Frank Young
1115 Country Club Prado
Coral Gables, FL 33134
305-903-1113
Membership@activedivers.org

Conservation:
Jerry Kosakowski (954) 990-9534

Social:
Patricia Hackett (305) 387-0015

Newsletter:
Steve Herz (305) 606-6331
Newsletter@activedivers.org

Website: www.activedivers.org
Email: info@activedivers.org