



The Mouthpiece



June 2011 THE ACTIVE DIVERS ASSOCIATION NEWSLETTER

ADA SCUBA TUNEUP A HUGE SUCCESS !!!

Thanks to the efforts and expertise of Connie Crowther and Rachel Hancock.
Also many thanks to our instructors.
(alphabetically)

Dr. Dan Baeza, Rachel Hancock, Daryl Johnson, Mo Smith, Lon Von Lintel,
Lee Wood, Frank Young.

The ADA event was held at A.D. Barnes Park pool, May 14, 2011 Many inactive ADA members enjoyed the personal attention from their instructor, became comfortable again in the water, had their equipment checked by Brent Auson, Auson's Dive Center, and plan to join us again on the high seas.

We also gained **15 new members** who expressed gratitude in glowing reports, citing personal attention from the instructors, professionalism, and the opportunity to meet new friends

They are-

Lenora and Juliana Bach

Charles Johnson

Tish and Pat Schroeder

Rose Hachet

Tom Alberts

Paula Musto

Annabeth Peterson

Isabel McCormick

Ron Sevcik

Gerry Callis

Cheryl and Joe Anderson

Savanah Hanson.



Welcome aboard and let's go diving !!!

ADA T-SHIRTS AND TANK TOPS FOR SALE \$10

Wear with pride your ADA t-shirt or tank top, available for purchase at most ADA events.

Please call Lon and order in advance, include size.

[305 251 4975](tel:3052514975)

Shark's Lionfish Lunch

Photograph courtesy Antonio Busiello

Seemingly striking a blow for ecological balance, a Caribbean reef shark chomps on an invasive the clear waters of [Roatan Marine Park](#) off the coast of [Honduras](#).



Working with park officials, local divers are attempting to alien reef species, which are native to the Pacific and Indian Oceans. With no natural

predators, lionfish populations have exploded throughout the waters of the Caribbean and U.S. Southeast since their accidental introduction by aquarium hobbyists a decade ago.

In Honduras "local dive masters familiar with the sharks decided to try to turn them on to eating invasive lionfish," said photographer [Antonio Busiello](#), who recently snapped images of the efforts during three months of diving on the site.

"If these predators start to see lionfish as prey, eventually, in time the lionfish may be kept under control as a part of the ecosystem. That was the idea."

—*Brian Handwerk*

ADA KAYAK ADVENTURE!

Sunday, June 12

Join us for a change of pace and enjoy the Florida waters from topside.

Meet at 9:30 a.m. at Robbie's of Islamorada,, Mile Marker 77.5

Single kayak - \$40/Double kayak - \$55 for 4 hours.

Payment to be made direct to Robbie's on the day of the adventure.

Cancellations accepted until June 5.

We will kayak from Robbie's to Indian Key (ocean side) or Lignumvitae Key (bay side), depending on conditions.

Indian Key -In 1836, Indian Key became the first county seat for Dade County. At that time, this tiny island was the site of a lucrative business-salvaging cargo from shipwrecks in the Florida Keys. Accessible only by boat, visitors come here to swim, sunbathe, and hike.

Lignumvitae Key - The virgin tropical hardwood hammock that thrives on this island was once common on most of Florida's Upper Keys; most of these forests have been lost to development on other islands. In 1919, William J. Matheson, a wealthy Miami chemist, bought this tiny island and built a caretaker's home with a windmill for electricity and a cistern for rainwater. Today, his hideaway is the visitor center for this island forest.

Bring snorkel gear.

ADA will provide a picnic lunch.

Additional information: Helen Colby hccolby1@aol.com or HUDSON366@Bellsouth.net.

Phone contact is Pat Hudson at 786-293-9492.

RSVP A MUST!!!!

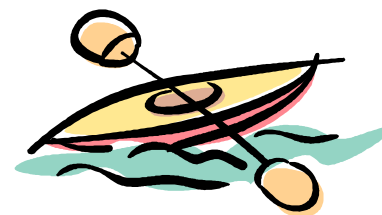
IMPORTANT NOTICE

Send checks and money orders for activity payments, payable to ADA, to:

Jerry Kosakowski

8221 N. W. 8 Place.

Plantation Fl. 33324



ADA 2010 Grand Prize Drawing

By Carol Cox

In March of 2010 at the ADA Bar B Que in Coconut Grove, I won 2 certificates for a week of free diving as the grand prize in the drawing for attendees. Since the certificates were good for 18 months and my husband is not a diver, I asked a friend I work with to go with me when she had time off school from earning her masters degree. We headed to Aruba on May 7 for seven days of three dives per day. The diving in Aruba is awesome, in fact, I'd venture to say it was some of the best in the Caribbean.

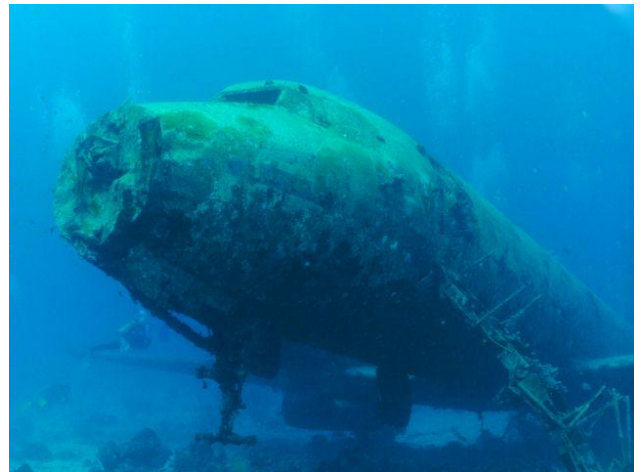
Red Sail Sports took us to the south shore of Aruba every day for a 2 tank dive and then to the west coast every afternoon for a 1 tank dive on the various wrecks. The south shore of Aruba has great diving that is high on my list of favorite sites: high profile corals, tube sponges, endless visibility and depths as far as you want to go. (my deepest dive was to 110' at 'The Finger'.....which points to even deeper water). The water temp was 81 degrees and the south end viz was at least 80 to 100 feet.

We saw a big eagle ray gliding by at about the 100 foot level on our way back up the slope one day. Green morays were everywhere as were abundant fish of every variety, including sadly, lionfish which we saw on almost every dive. The dive masters at Red Sail Sports are making their own spears now since Aruba has a ban on spearfishing but have just recently approved spearing lionfish only. Once they spear the lionfish, they find a nice large anemone to deposit the fish in. The anemones wrap their tentacles around the lionfish and digest them for their meal. Now if only they could teach the morays to eat lionfish! My favorite site was probably the Renaissance Airplane, a Corsair 400 plane deposited on a sloping shelf just for divers. The Jane Sea is also a nice but eerie shipwreck. There are no actual walls in Aruba but the slopes make for very nice multi level dives. The west side of Aruba, in front of the high rise hotels at Palm Beach, has less visibility due to floating algae but the creatures seem to love the area. Sting rays, morays, spotted eels, huge dogfish and turtles were abundant. The wreck of the Anilla is probably the best known wreck in Aruba. We dove it 4 times and still didn't see everything. Other good wreck dives are the Arashi and the Pedernalis, which are shallow dives and perfect for resort or beginning divers who want to see shipwrecks and big creatures. We stayed at the Holiday Inn Sunspree, right on the beach and only 2 hotels away from the Red Sail Sports boat dock in Palm Beach, Aruba. Red Sail Sports has a very nice operation, with great dive masters and good boats. I would recommend them to anyone who wants to see the best of diving in Aruba. American Airlines flies direct to Aruba from Miami International and it's only just over a two hour flight.

My thanks to all in ADA who made this trip possible. Diving in Aruba is wonderful!



Sea Whip



Nose of Renaissance Airplane



Anemone Digesting Lionfish



Green Moray Eel

Pics by
Carol
Cox

June

- 6-5 Sun. pm West Palm (*Advanced*) \$49
Drift Dive in swift currents, giant turtles, grouper, schooling fish and outstanding color. Depth 80-100', visibility 40-100'. Many wreck/reef sites to choose. See advanced criterion this issue.
- 6-11 Sat. am N. Key Largo \$49
Sites may include: The Christ of the Abyss, the Elbow, N. Dry Rocks, N. N. Dry Rocks, Grecian Rocks, Carysfort, Shark Reef. Average depth 30', usually no current. Average visibility is 30-50' with many tropicals, morays, and cudas.
- 6-18 Sat. pm Miami Wreck (*Advanced*) \$49
Choice of more than 40 wrecks. Some unlike anywhere else: Jet airliner, M-60 Tanks, Tankers, Freighters, Tugs, Barges. Most are intact with penetration possible. Average depth 90', visibility 40-50'. Expect currents and dramatic profiles, many fish. See advanced criterion this issue.
- 6-25 Sat. pm Tavernier BBQ \$10 (Chef Wanted) \$49
Sites may include: Conch Reef, Davis Ledge, Hens & Chickens, Little Conch, Capt. Tom's Ledge, 40' Ledge, Fish Trap, Horseshoe. Average depth 30', average visibility 40-60', many morays, schooling tropicals, unusual pillar corals
- 6-25 Sat. pm Tavernier Night Dive \$49
For those who have never done a night dive, this is a great way to experience a unique new adventure. The night dive will be only 20 to 30 ft on a popular reef with lots of night critters. We'll even teach you how.

July

- 7-2 Sat. am BNP \$59
Sites may include: Rocky Reef, Elkhorn Forest, Ball Buoy, Far Out Reef, Cuda Ledge. Usually no currents, massive corals, small caves. The Keys "Best Kept Secret", only one commercial boat allowed in area. Depth 20-30', vis. 30-60'.
- 7-10 Sun. pm W. Palm (*Advanced*) \$49
Drift Dive in swift currents, giant turtles, grouper, schooling fish and outstanding color. Depth 80-100', visibility 40' -100'. Many wreck/reef sites to choose. See advanced criterion this issue.
- 7- 17 Sun. pm Islamorada \$49
Just 4 miles past Tavernier, sites may include: Hammerhead, The Canyon, El Infante, Crocker, No Name, The Valley, Aquarium, Alligator. Average depth 30-40', visibility 40-50'. Some current, many fish, shallow wrecks.
- 7-23 Sat. pm Tenneco wreck (*Advanced*) \$49
Scheduled site - Tenneco Towers. Choice of more than 40 wrecks. Some unlike anywhere else: Jet airliner, M-60 Tanks, Tankers, Freighters, Tugs, Barges. Most are intact with penetration possible. Average depth 90', visibility 40-50'. Expect currents and dramatic profiles, many fish. See advanced criterion this issue.
- 7-30 Sat pm N. Key Largo \$49 BBQ \$10, chef wanted
Sites may include: The Christ of the Abyss, the Elbow, N. Dry Rocks, N. N. Dry Rocks, Grecian Rocks, Carysfort, Shark Reef. Average depth 30', usually no current. Average visibility is 30-50' with many tropicals, morays, and cudas.
- 7-30 Sat nite, N. Key Largo \$49
For those who have never done a night dive, this is a great way to experience a unique new adventure. The night dive will be only 20 to 30 ft on a popular reef with lots of night critters. We'll even teach you how.

You may also pay online via PayPal .

HOW TO SAVE OUR PLANET, BIT BY BIT

THE THREE R's OF BEING GREEN

- Reduce- consumption of electricity, gas, water, non-renewable resources, waste.
 - Reuse- plastic bags, boxes, paper, bottles, cans, containers and donate items.
 - Recycle- plastics of all types, paper, cardboard, glass, metals, if you can't reuse them.
- You can do these each day, every day.

DAN's Diving Tips for the New Diver

A Guide to Good-Sense Diving

We divers are a fortunate lot. We can enjoy firsthand a part of the environment that most non-divers experience only vicariously — through television, movie or computer screens. We each have our own special motivations for diving, but one thing is common: we love our recreation.

Each year new and experienced divers alike from all over the world make millions of enjoyable scuba dives; and for the vast majority of the time, we make these dives without incident or injury. This is because as certified divers, we take our fun seriously: we have taken the time to learn safety guidelines to become conscientious and responsible divers, so we can keep on diving. And we talk about our dives, learning from our own — and others' — experiences.

New divers can learn quite a few "good-sense" tips from other divers. This helps to prevent injuries and mishaps, and it illustrates the camaraderie of teamwork so widespread among divers.

Not all good-sense tips are scuba safety rules or guidelines, but they generally relate to basic principles every diver should know. DAN's staff members have put together a collection of their good-sense tips based on their insights in scuba diving over their many collective years of experience.

S-A-F-E D-I-V-E

If you've been diving for a while, or if you've just learned how to dive, there's a lot to learn — and remember — about diving. You can start by remembering that each dive should be a SAFE DIVE, directly related to:

- Self-reliance
- Attitude
- Fitness
- Experience
- Diving skills
- Involvement
- Variety
- Equipment



ADOPT A SHARK

The RJ Dunlap Marine Conservation program at the U of M Rosenstiel School has developed a shark tagging technique to study bull sharks, tiger sharks, and hammerheads sharks, all by satellite. Shark populations in S. Florida have been on the decline. The Dunlap program hopes to find out why.

You can help.

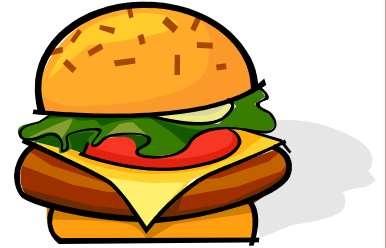
For a tax deductible \$2000, you can purchase a satellite tag, name your shark, and track it's movements in real time via Google.

For more info go to www.rjd.miami.edu or call [305 421 4356](tel:3054214356).

Post Dive BBQS

Cost \$10.00 includes-

Grilled hotdogs, hamburgers, chicken, Potato Salad, Coleslaw, chips and fixins. Soda & Beer.



While divers are tending their gear, our chef of the day will be preparing a feast fit for a King/ Queen or at least for hungry divers. We invite all divers on the above dates to join us for good outdoor food and telling tall fish tales. Please send \$10 along with the dive fees, you may make one check for both.

DIVE AND EAT FREE

That's right, on our BBQ days you can earn a free dive and free eats. It's easy, just volunteer to be the chef of the day and you go for free.

Here's how it works— You buy the food and bring to the dive, after which you and the Safety Officer will prepare and serve.

The supplies and menu list will be faxed to you a few days prior with an exact list of needed items. Then you submit a receipt and your expenses will be reimbursed. Call Lon for more info and sign up.

ADA KEEPING DIVE COSTS DOWN

1. We do not plan to raise our local dive prices this year.
- 2 We are offering free beach dives this year in the metro area. No need to drive long distances to dives.
3. Our prices are still the lowest in town.

For Now, all ADA dives in 2011 will remain \$49. **Boat Ticket only!** Except the BNP dives which are \$59.

These prices may be changed without notice.

HAPPY BIRTHDAY FROM ADA



Connie Crowther

Robert Jones

Mauricio Smith

Lisa Squires

Brandan Pratt

Sheila Solen

Jim Elliott

Chris Hind

ADA RULES & REGULATIONS

FOR ALL ADVANCED DIVES (DEPTHS OVER 60') ADA DIVERS MUST:

1. Be current (dive activity within the previous 3 months).
2. Have the approval of an ADA Safety Officer.
3. Have a minimum of 25 logged dives.
4. Carry an alternate air source (octopus), time keeping device and depth

ADA GUIDELINES FOR COMPUTER ASSISTED DIVING

1. Members using dive computers may extend their time underwater ten- (10) minutes beyond the time allowed by the tables.
2. Computer assisted dives must be well within the NO DECOMPRESSION LIMITS.
3. Members should understand and follow the manufacturer's recommendations.
4. If a computer diver is budded with a diver using the tables, both must follow the tables.
5. If a buddy-team is using unlike computers, both must follow the more

IMPORTANT MESSAGE FROM THE SAFETY OFFICERS' COMMITTEE

All members are reminded to read the "Rules & Guidelines for Diving Activities" you received with your membership package. Number 16 states, "All divers must be present for the pre-dive briefing". If the diver is not present for the entire briefing, diving privileges may be revoked for that dive. Please plan to arrive on time - or better yet - a bit early. We thank you and appreciate your cooperation.

CANCELLATION AND REFUND POLICY FOR LOCAL DIVE TRIPS

Because of our contractual agreements with our service agents - dive shops and boat captains, we must notify them - usually seven days in advance - of the final number of spaces we are paying for. Thus, if our members cancel less than seven days in advance, we regret that *NO REFUND OR CREDIT* can be given, unless trip cancellation insurance has been purchased at the time of the dive trip payment (see next news article!)

ADA TRIP CANCELLATION INSURANCE

The Board of Directors has approved a unique concept in local diving: *NO FAULT INSURANCE!!*

For an additional \$5.00, per person, per local dive trip, members can eliminate the worry of losing their dive fees because of an unforeseen change of plans.

If, for any reason you are unable to attend a local dive for which you are scheduled and have paid the insurance, ADA will credit your dive fee to another date. *The \$5.00 insurance is non-transferable and non-refundable!*

When you make a reservation, ask for dive trip cancellation insur-

IMPORTANT WEATHER INFORMATION

Before departing for the dive site, confirm weather condition with Lon or the designated Safety Officer. It is the responsibility of the member to call; we cannot call you due to the large number of divers involved. For morning dives, call between 6 and 10 p.m. the night before the dive. For afternoon dives, call between 9 and 10 a.m. the morning of the dive.



HOW TO MAKE DIVE RESERVATIONS



1. Check this newsletter or the annual calendar for upcoming dives.



2. Call Lon at (305) 251-4975 to make a reservation. Please do not leave requests on his answering machine, the trip may be full.



3. We will hold your reservation for four (4) days from the date you call. If we do not receive payment within four days, your space may be given to other members. If you wish to confirm receipt, call Lon.



4. Ask for details about the trip when you call. Otherwise, details will be given when you call for a weather check. (See "Important Weather Information" this and every issue)



5. * Make your check payable to ACTIVE DIVERS ASSOCIATION, not to any individual, and mail to:



Jerry Kosakowski , 8221 N.W. 8th Pl. Plantation, FL 33324 You may also pay online via PayPal on the "Dive Schedule" page.



Are you on Facebook? Join the ADA page here:

<http://www.facebook.com/ActiveDivers>

We can post your photos and share dive stories!

Send your pics and info to Helen at:

adahcmiami@aol.com



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ACTIVE DIVERS ASSOCIATION

NEWSLETTER

June 2011

Dive Trips/Return Address:

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Frank Young

1115 Country Club Prado

Coral Gables, FL 33134

305-903-1113

Membership@activedivers.org

Conservation:

Peter Taylor (305) 669-3160

Newsletter:

Steve Herz (305) 606-6331

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