

The **Mouthpiece**



September 2007 THE ACTIVE DIVERS ASSOCIATION NEWSLETTER

ADA ASSISTS DIVEHEART (from last issue)

Diveheart is a non profit organization dedicated to training disabled persons to SCUBA and snorkel. Based in Chicago, they brought several disabled teens to Key Largo June 23-28 for pool training and open water dives. The teens' disabilities included paraplegic, amputee, trauma brain injury, Turrets syndrome and hip dysplasia. Connie Crowther and Sharon Baron helped in the pool. Connie, Roy Wasson and Lon Von Lintel offered support for the open water dives at the Elbow and Christ Statue. It was a moving experience for all of us. Connie said it best when she exclaimed, "I was smiling so big I could hardly keep the regulator in my mouth and tears came to my eyes as I watched....." Sue Cocking, writer for the Miami Herald, was also on board and will publish an article sometime in July. We will watch for it and let you know when it has appeared. With this hands-on experience, ADA will be one step ahead when we finalize plans to offer our own local disabled teens training and diving. Watch for details in the near future.

DIVEHEART COMES TO MIAMI

For those of you who want to share the joy of scuba diving with disabled teens yearning to be free of the confines of gravity, here is your chance. Jim Elliot, president and founder of Diveheart, will be here to train disabled divers buddies to assist local teens to scuba dive. Diveheart is a non profit dedicated to expand the possibilities of disabled persons via scuba diving. All you need to do is feel the pain of these teens and get involved.

Sept. 10-14, several evening classes to train buddies. Sept 15, open water dive adventure.

Here's how you can help-

- 1. Sign up to be a certified buddy. Cost \$200
- 2. Donate monies to defray many of the costs. (with your approval, donors with be published in the Mouthpiece)
- 3. Promote this program to local dive shops, rehab centers, civic clubs, and relevant groups.
- 4. Offer equipment to train these teens.

All monies will go directly to Diveheart. For more info-Diveheart.com Connie Crowther

305- 445-5545 305- 710-3773

Lon

305 251 4975



Malory on the bottom using hand fins

September Dive Schedule

Sept. 2 Am

BNP (Advanced)

Sites - The Wall, Anniversary, Rocky Reef, Elkhorn Forest, Cuda Ledge, Ball Buoy, Doc DeMilly. Expect currents, usually we drift dive the deep reefs. Depths 70-110', average visibility 40-80'. Only one commercial dive boat allowed in area. **See advanced criterion this issue.**

Sept. 9 Pm Tavernier

Sites may include: Conch Reef, Davis Ledge, Hens & Chickens, Little Conch, Capt. Tom's Ledge, 40' Ledge, Fish Trap, Horseshoe. Average depth 30', average visibility 40-60', many moreys, schooling tropicals, unusual pillar corals.

Sept. 15 Pm

Duanne/Eagle (Advanced) \$50

Our favorite Coast Guard Cutter, upright in over 100 feet of blue water. It DOES count even when you don't touch bottom! OUR LIMIT 100 feet and the Eagle too!!!

Sept.16 Discover Diving for Disabled Teens

See page 1 for more information. Call Lon for particulars on time and place.

Sept. 22 Pm N. Key Largo

Sites may include: The Christ of the Abyss, the Elbow, N. Dry Rocks, N. N. Dry Rocks, Grecian Rocks, Carysfort, Shark Reef. Average depth 30', usually no current. Average visibility is 30-50' with many tropicals, moreys, cudas.

Sept. 22

N. Key Largo Night Dive \$50

Same as above but at night. You never have done a night dive, now is the time. We'll even show you how.

Sept. 30 Am Elliott Key (Advanced)

BBQ \$10

Sites - The Wall, Anniversary, Rocky Reef, Elkhorn Forest, Cuda Ledge, Ball Buoy, Doc DeMilly. Expect currents, usually we drift dive the deep reefs. Depths 70-110', average visibility 40-80'. **See advanced criterion this issue. BBQ after dive, see article this issue.**

October Dive Schedule

Oct. 7 Pm

Islamorada

Just 4 miles past Tavernier, sites may include: Hammerhead, The Canyon, El Infante, Crocker, No Name, The Valley Aquarium, Alligator. Average depth 30-40', visibility 40-50'. Some current, many fish, shallow wrecks.

Oct.14 Pm

Tenneco Towers (Advanced)

Scheduled site - Tenneco Towers. Choice of more than 40 wrecks. Some unlike anywhere else: Jet airliner, M-60 Tanks, Tankers, Freighters, Tugs, Barges. Most are intact with penetration possible. Average depth 90', visibility 40-50'. Expect currents and dramatic profiles, many fish. **See advanced criterion this issue.**

Oct.13 9:00-12:00

ADA FREE RAFFLE, FREE DIVE, FREE BBQ

See page 3 for details.

Oct 21 Am

BNP (Advanced)

Sites - The Wall, Anniversary, Rocky Reef, Elkhorn Forest, Cuda Ledge, Ball Buoy, Doc DeMilly. Expect currents, usually we drift dive the deep reefs. Depths 70-110', average visibility 40-80'. Only one commercial dive boat allowed in area. **See advanced criterion this issue**

Oct. 27 Pm

N. Key Largo

Sites may include: The Christ of the Abyss, the Elbow, N. Dry Rocks, N. N. Dry Rocks, Grecian Rocks, Carysfort, Shark Reef. Average depth 30', usually no current. Average visibility is 30-50' with many tropicals, moreys, cudas

CURIOUS ABOUT NITROX?

Many members have asked about the benefits of diving with Nitrox on deep dives. In the past, ADA has offered classes to certify divers in this technology. We will again offer this when we have enough members interested. Call Lon to sign up.

ADA FREE RAFFLE, FREE DIVE, FREE BBQ Saturday, Oct.13 9 AM to NOON!

Who - all ADA members and family.

What - free beach dive, free raffle, free BBQ

When - dive at 9 am, raffle and BBQ at noon.

Where - Charnow Park Pavilion, Hollywood Beach, FI, The pavilion is located on the beach at the

end of Garfield St. Look for dive flags. You can drive right to the pavilion, unload equipment, then find parking, (meters).

Menu - We will grill, and/or BBQ, chicken, burgers, hotdogs, fish, and lobster. (you catch them) Add

a variety of chips, dips, salads, snacks, veggies, beer, wine, soda, water, cookies, brownies, and you have a real BBQ.

PLEASE CALL LON SO WE CAN HAVE YOUR FAVORITE FOODS AVAILABLE! (the pavilion is covered and we will BBQ, rain or shine)

Diving - Bring all your own gear, the reef is off-shore about 100yds. All groups of divers must tow a

flag. Bring one if you have it, or join a group. Non-divers have near-by shopping, play-grounds, and

points of interest, as well as beautiful S. Florida swimming, sunning, and bumming.

RAFFLE PRIZES

Two fifty-yard-line Canes football tickets.

(Thank you Roy Wasson)

One free dive 5 pac for 2007

Ten free single dives for 2007

Grab box until all prizes are gone.

Call Lon for more info. 305-251-4975

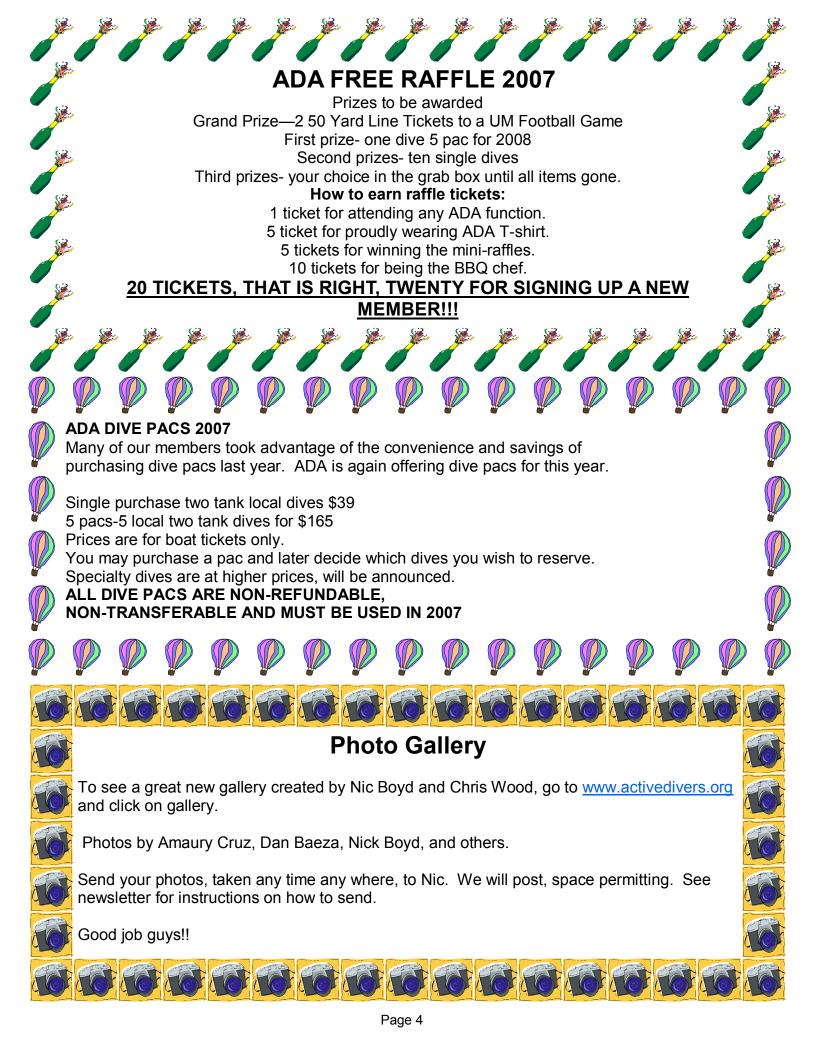
This free event is approved by the ADA Board of Directors as a celebration of another year of wonderful activities.







Thanks Nic for these Great Pictures!!!



ADA RULES & REGULATIONS

All Members Must be familiar with the following

FOR ALL ADVANCED DIVES (DEPTHS OVER 60') ADA DIVERS MUST:

- 1. Be current (dive activity within the previous 3 months).
- 2. Have the approval of an ADA Safety Officer.
- 3. Have a minimum of 25 logged dives.
- Carry an alternate air source (octopus), time keeping device and depth gauge.
- 5. Have previous ADA diving experience.
- **6.** All members must dive with at least a 72 cubic foot tank.

ADA GUIDELINES FOR COMPUTER ASSISTED DIVING

- Members using dive computers may extend their time underwater ten-(10) minutes beyond the time allowed by the tables.
- Computer assisted dives must be well within the NO DECOMPRESSION LIMITS.
- Members should understand and follow the manufacturer's recommendations.
- If a computer diver is buddyed with a diver using the tables, both must follow the tables.
- If a buddy-team is using unlike computers, both must follow the more conservative computer.
- If, in a buddy-team, either computer fails, both divers must terminate the dive.

FOR LOCAL DIVE TRIPS

Because of our contractual agreements with our service agents - dive shops and boat captains, we must notify them - usually seven days in advance - of the final number of spaces we are paying for. Thus, if our members cancel less than seven days in advance, we regret that *NO REFUND OR CREDIT* can be given, unless trip cancellation insurance has been purchased at the time of the dive trip payment (see next news article!)

ADA TRIP CANCELLATION INSURANCE

The Board of Directors has approved a unique concept in local diving: NO FAULT INSURANCE!!

For an additional \$5.00, per person, per local dive trip, members can eliminate the worry of losing their dive fees because of an unforeseen change of plans.

If, for any reason you are unable to attend a local dive for which you are scheduled and have paid the insurance, ADA will credit your dive fee to another date. The \$5.00 insurance is non-transferable and non-refundable!

When you make a reservation, ask for dive trip cancellation insurance. The Board has elected to continue the insurance offer for this year.

NOTE: It may be discontinued at any time without prior written notice.

Please call Lon with your questions and comments.

IMPORTANT MESSAGE FROM THE SAFETY OFFICERS' COMMITTEE

All members are reminded to read the "Rules & Guidelines for Diving Activities" you received with your membership package. Number 16 states, "All divers must be present for the pre-dive briefing". If the diver is not present for the entire briefing, diving privileges may be revoked for that dive. Please plan to arrive on time - or better yet - a bit early. We thank you and appreciate your cooperation.

Julio, Dan, Robert, Lee and Lon

IMPORTANT WEATHER INFORMATION

Before departing for the dive site, confirm weather condition with Lon or the designated Safety Officer. It is the responsibility of the member to call; we cannot call you due to the large number of divers involved. For morning dives, call between 6 and 10 p.m. the night before the dive. For afternoon dives, call between 9 and 10 a.m. the morning of the dive.

1.

HOW TO MAKE DIVE RESERVATIONS

- 1. Check this newsletter or the annual calendar for upcoming dives.
- 2. Call Lon (305) 251-4975 to make a reservation. Please do not leave a message on the answering machine, The trip may be full.
- 3. We will hold your reservation for four (4) days from the date you call. If we do not receive payment within four days, your space may me given to other members. If you wish to confirm receipt, call Lon.
- 4. Ask for details about the trip when you call. Otherwise, details will be given when you call for a weather report. See important weather information in this and every issue)
- 5. Make your check payable to ACTIVE DIVERS ASSOCIATION. Not to any individual, and mail to : Lon Von Lintel , 13374 SW 46 Terrace Miami, Fl. 33175
- 7. Itemize dates of dives in the left hand corner of your check.
- 8. REMEMBER! That family members must have completed individual documentation to register as ADA members.

ADA CHECK-IN TIMES!!!

Ours are different than the dive operators.

When making dive reservations or during the all important WEATHER CHECK.

Inquire about the ADA CHECK-IN TIME. Please arrive on time, or better yet, a bit earlier and chat with new friends and old buddies.

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Dive Trips/Return Address: Lon Von Lintel (305) 251-4975 13374 SW 46 Terrace Miami. FI 33175

Membership:
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Conservation: Jerry Kosakowski (954) 723-0351

Social: Patricia Hackett (305) 387-0015

Newsletter: Steve Herz (305) 606-6331 Newsletter@activedivers.org

Website: www.activedivers.org
Email: info@activedivers.org

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Large Aeris Sport BC with integrated weight system Aeris XR1 Diving Computer Mares V32 proton metal regulator and Mares rebel octopus Akona regulator/computer bag Akona heavy duty equipment bag (holds all above equipment and has wheels for easy transport) Comes with all the boxes,instructions and warranties All equipment has never been used Originally cost \$1450, asking \$1200 OBO Call Terry at (954)883-1599