



# The Mouthpiece



September 2008 THE ACTIVE DIVERS ASSOCIATION



## ADA FREE RAFFLE-FREE BBQ-FREE DIVE OCTOBER 18, 2008

**WHO-** ADA MEMBERS AND FAMILY  
**WHERE-** JOHN LLOYD STATE PARK  
1.5 miles north of Sheridan St. on A1A, Dania, Fl.  
**WHEN-** Beach Dive at 9 am, raffle and bbq at noon.

### FREE RAFFLE PRIZES GENEROUSLY CONTRIBUTED BY:

#### FLORIDA KEY DIVE CENTER

- 1 AQUA LUNG REGULATOR
- 2 UNDER WATER CAMERAS
- 1 GIFT CERTIFICATE
- 1 AIR FILL CARD- 15 FILLS
- 2 FKDC BASEBALL CAPS
- 2 DIVE FLAG BEACH TOWELS
- 10 COZIES AND KEY CHAINS

#### AUSTINS DIVE CENTER

- 1 DIVER ALERT PLUS
- 1 UK LED DIVE LIGHT
- 1 WENOKA DIVE KNIFE
- 1 SAFETY SAUSAGE
- 1 CYMILIUM STOPS
- 2 AIR FILL CARDS-10 FILLS
- 3 KEEP OCEANS T-SHIRTS

#### DIVERS DEN

- 2 GIFT CERTIFICATES
- 2 AIR FILL CARDS- 10 FILLS
- 1 LEXAN LED DIVE LIGHT
- 1 UK DIVE BEACON
- 1 INNOVATIVE WRIST SLATE
- 1 SCUBA PRO COMPASS
- 1 TUSA MINI KNIFE

### MUST BE PRESENT TO WIN

### MUST RSVP TO WIN,

call Lon 305 251 4975

### EVERYONE WINS, GUARANTEED!!

That's right, all attending will win.

### More info.

For beach diving, bring all your own gear and a dive flag if you have one. The reef is about 100yds off shore. Jerry has dived this area and reports it is very good. The pavilion has covered shelter, very nice bathroom, showers, and changing rooms. We will have the BBQ and raffle rain or shine, unless a hurricane threatens. BBQ will include burgers, dogs, chicken, extras, and all drinks

To RSVP CALL LON  
305 251 4975

**RSVP DEAD- LINE OCT 10**



## Pickles Reef Coral Restoration Project, ADA

by Ken Nedimyer, President

July 18<sup>th</sup> and 19<sup>th</sup>, 2008

Coral Restoration Foundation

On July 18<sup>th</sup>, 2008, the Coral Restoration Foundation started the first of six staghorn coral restoration projects for the year at Pickles Reef off Key Largo Florida. The [Active Divers Association \(ADA\) of South Florida](#) booked the whole trip and their club members did all the work under the supervision of CRF team leaders. Eighteen staghorn corals that had been grown in the CRF offshore coral nursery were used for the project. The project began Friday morning with a two-hour classroom session that went over some of the causes of coral decline in the Florida Keys, what has been done to date and needs to be done to stop the decline and reverse the trend. Local, state, regional, and global threats were discussed and actions that need to be taken at all levels were brought up. The Florida Keys National Marine Sanctuary is the lead organization for addressing many of these issues but citizen participation at all levels is needed to advance the solutions to these complex problems. To this end, the Coral Restoration Foundation is providing both an educational and a hands-on restoration service that is addressing the plight of the staghorn and elkhorn corals, both listed as "Threatened" under the Endangered Species

In the afternoon the group went out for a two-tank dive on the reef on one of the [Florida Keys Dive Center's](#) boats. The first dive was a working dive at the coral nursery. The corals to be transplanted to Pickles Reef the next day were cleaned, measured, and marked. Additional nursery corals were cleaned and the mounting blocks brushed. The second dive was at Molasses Reef, one of the most popular dive spots in the world. Here we showed the club members where we had planted corals on the reef in 2007 and an adjacent ship grounding spot where we planted corals in 2003. Both locations are continuing to have 100% survival and outstanding growth rates

The morning classroom session ended with a review of some of Coral Restoration Foundation's past projects followed by a training session for working and collecting data in the coral nursery and the restoration sites. Day two of the project also began with a two-hour classroom session. The session was divided into three segments:

- Part one was a review of some other coral nursery and restoration programs with a discussion of their strengths and weaknesses,
- Part two was an in-depth discussion of our in-situ nursery program and the restoration strategy we have developed using these nursery-grown corals. This part of the talk also included an orientation to the Pickles restoration site and the dive plans for the day.
- Part three was a brief overview of the [REEF fish survey program](#), the importance of fish on the reef, and the importance of using repeatable monitoring methods.

After a lunch break, all the participants met back at the Florida Keys Dive Center's facility to load their gear on the dive boat and head out to the reef. After a brief stop to pick up the corals from the nursery, we continued on to Pickles Reef for two dives at the restoration site. During the first dive the team transported all the materials to a sandy staging area adjacent to the selected site, learned the site layout and located their specific coral planting areas. For each of the corals growing in the nursery, the genetic "fingerprint" of is recorded. When they are placed on the reef, there is a very specific location selected for each coral. On the second dive, the team separated into three groups to prepare each marked area and mount the specified coral. Additionally, a color-coded, numbered tag is epoxied next to each coral and the colors and numbers are included in a final map of the site. A total of eighteen corals from three different genotypes were mounted at the restoration site, and these corals will be measured, photographed, and monitored in the years to come to evaluate the success of the program and the growth and survival of the corals.

Five more restoration projects are scheduled for the summer and fall of 2008: one in August, two in September, and two in October. Anyone interested in participating in one of these three day programs can contact Ken or Lad through the website email, or click on the calendar link and sign up through the dive shops that are sponsoring each event.



## September

Sept. 7 pm,

Speigal Grove (*Advanced*)

Come dive the Spiegel Grove with us, now she has been down awhile and Mother Nature did what Man, or woman, could not. Set Her upright and covered her with the beginnings of coral.

Sept.13 pm

Islamorada

4 miles past Tavernier, sites may include: Hammerhead, The Canyon, El Infante, Crocker, No Name, The Valley Aquarium, Alligator. Average depth 30-40', visibility 40-50'. Some current, many fish, shallow wrecks.

Sept. 21 pm,

Ft Lauderdale

Double your pleasure with the best of both worlds! A reef followed by a wreck. A plethora of flora and fauna, just waiting to be explored.

Sept. 28 pm,

N. Key Largo **Post Dive bbq, (\$10 chef wanted, call Lon)**

Sites may include: The Christ of the Abyss, the Elbow, N. Dry Rocks, N. N. Dry Rocks, Grecian Rocks, Carysfort, Shark Reef. Average depth 30', usually no current. Average visibility is 30-50' with many tropical's, morays, cudas.

## October

Oct. 5 pm

Tavernier Drift Dive (*Advanced*)

Possible sites are Conch Wall, Molasses reef, Victory reef, depths 60-90 feet vis. 50-80 feet. Divers will team up in groups of 4-6, one carries the flag. Let the current carry you, no effort, what a way to go.

Oct. 12 am

BNP (*Advanced*)

Sites - The Wall, Anniversary, Rocky Reef, Elkhorn Forest, Cuda Ledge, Ball Buoy, Doc DeMilly. Expect currents, usually we drift dive the deep reefs. Depths 70-110', average visibility 40-80'. Only one commercial dive boat allowed in area. **See advanced criterion this issue.**

Oct. 19 pm

N. Key Largo

Sites may include: The Christ of the Abyss, the Elbow, N. Dry Rocks, N. N. Dry Rocks, Grecian Rocks, Carysfort, Shark Reef. Average depth 30', usually no current. Average visibility is 30-50' with many tropical's, morays, cudas.

Oct. 26 pm

Sites may include: Conch Reef, Davis Ledge, Hens & Chickens, Little Conch, Capt. Tom's Ledge, 40'

Ledge, Fish Trap, Horseshoe. Average depth 30', average visibility 40-60', many morays, schooling tropical's, unusual pillar corals  
Tavernier

## Diveheart/HAS Training to Teach or Assist Disabled Divers Coming to Miami Sept. 10—14

Do you want to join your ADA colleagues who are specially-trained instructors and buddies who assist people with disabilities in scuba diving worldwide? Your chance to become a Handicapped Scuba Association instructor or buddy is coming to Miami Sept. 10-14!

Evening classes Sept. 10 and 11 at Shake-A-Leg Miami, 2620 South Bayshore Drive, Coconut Grove (repeat of Sept. 10 evening class the afternoon of Sept. 11, to accommodate out-of-town participants), all-day pool and open water training Sept. 12 and 13; Discover Diving experience with disabled kids Sept. 14)

**Training conducted by HSA Course Director Jim Elliott, founder and president of The Diveheart Foundation**

**FEES:** \$375 Instructor \$200 Dive Buddy (Discounted prices)

Price includes training, instructor manual, registration, certification card

**To register, go to [www.diveheart.org](http://www.diveheart.org). For more information, call Connie Crowther, 305-445-5545, or Jim Elliott, 630-408-1920**

Diving cost you too Much?

Well let's do something about it. Take the regular ADA Dive costs: trip-\$49.00; gas-\$25.00, tolls-\$10.00, tanks-\$20.00. Total \$104.00. No wonder we do not see families diving anymore. Heck, I'm lucky to be diving myself. But we can do something. Shore diving may be the answer for you. Compare these costs: trip-0; gas \$15.00; tolls-0; tanks- \$20.00; parking \$3.00. Total costs \$38.

And the exercise is free.

Some places to go are where the dive boats drop you off, such as the Ero Jacks in Dania Beach and a reef in Pompano.

Some others where boats do not drop you off are: Spanish Anchor in Dania, the Boulders in North Hollywood, Cableland in John Lloyd Park, Yellow Brick Road in Hollywood, The Caves in North Hollywood, Holiday Inn Reef Lauderdale by the Sea, Commercial Blvd. Reef in Lauderdale by the Sea, Glenn's Reef in Dania, The Ledge in Dania and Seventh Street Heaven in Pompano. Don't knock it until you tried it. Some are a good swim and some are close. This time of year is the best to try it for the conditions are usually good. But if they are not good I have yet not to enjoy the beach with a swim or a run.



## WELCOME FRANK YOUNG

New ADA Safety Officer.

ADA members can look forward to working with Frank on our dives. He brings many credentials and much experience to the Safety Officers Committee Having logged hundreds of dives locally and internationally.

Frank will be an invaluable source of knowledge and wisdom or our members.

Welcome aboard Frank

CORAL RESTORATION

OCT. 8-9-10

AND OCT 29-30-31

Go to [coralrestoration.org](http://coralrestoration.org) for info or call Roy at 305 665053 or Jerry at 954 990 9534.

See July and Aug. newsletters for details.

All Pics sent by Frank Young



## PHOTOS WANTED!!!

Want to see your name in lights? Want to be the star of the show? Want to be rich and famous? Well...we can't promise that, but if you are a photographer we welcome your photos of your u/w adventures AND top-side shots of ADA and members at any and all ADA activities. We will publish your shots in our monthly newsletter THE MOUTHPIECE on a space available basis. "Please send electronic (one meg or less) or film (with self addressed envelope if you want them returned) pics of this year'

dive/activities to: Nic Boyd  
One S. Ocean Blvd # 204  
Boca Raton, Fl. 33432  
or email to: nboyd@oceanlandinc.com

Include your name and names of other people, if you know them, and location."  
Send your photos, taken any time any where, to Nic. We will post, space permitting. See newsletter for instructions on how to send.

## ADA FREE RAFFLE 2008

At all ADA functions we will distribute raffle tickets. Tickets will not be sold, they must be earned.

### How to earn raffle tickets:

1 ticket for attending a function.

5 tickets for wearing your ADA T-shirt

10 tickets for volunteering as BBQ chef

**20 tickets for signing up a new member.**

All tickets will go into the pot for the big raffle which will take place near year's end for major prizes.

## Happy September Birthday from ADA

Roger Miller  
Michael Matthews  
Amaury Cruz  
Josefina Hansen

Veetta Kemerer  
Francois Benjamin  
Frederick Cassity  
Gabriel Kaufman

Carol Cox  
J. Boyd  
Mathew Kierman

Does anyone know what this is?

This we know..





## Post Dive BBQS

Cost \$10.00 includes-

Grilled hotdogs, hamburgers, chicken, Potato Salad, Coleslaw, chips and fixins. Soda & Beer.

While divers are tending their gear, our chef of the day will be preparing a feast fit for a King/

Queen or at least for hungry divers. We invite all divers on the above dates to join us for good outdoor food and telling tall fish tales. Please send \$10 along with the dive fees, you may make one check for both.

## DIVE AND EAT FREE

That's right, on our BBQ days you can earn a free dive and free eats. It's easy, just volunteer to be the chef of the day and you go for free.

Here's how it works -

You buy the food and bring to the dive, after which you and the Safety Officer will prepare and serve. The supplies and menu list will be faxed to you a few days prior with an exact list of needed items. Then you submit a receipt and your expenses will be reimbursed. Call Lon for more info and sign up!



## Keys Travel Delays 15-30 minutes.

Due to a large construction project on US 1, between Homestead and Key Largo, travel times to all sites in the Keys will be longer than usual. Plan to depart home earlier to avoid arriving late. Remember, divers must attend the briefing to be eligible to dive. Arriving late stresses everyone and detracts from your dive experience and enjoyment.

## PROUDLY WEAR YOUR ADA T-SHIRT!!!

You will earn 5 raffle tickets by wearing your ADA t-shirt at all ADA dive briefings. We want to see a sea of RED ! This a great way to tell everyone you are a member of the Biggest, Baddest, Boldest, Bravest, Bestists, bunch of divers on the face of the earth!! Everyone will ask, "Who are these red wonders?" It is also a good way to recruit new members and earn 20, that's right TWENTY RAFFLE TICKETS FOR THE BIG Free Drawing in October



## ADA RULES & REGULATIONS

All Members Must be familiar with the following

### FOR ALL ADVANCED DIVES (DEPTHS OVER 60') ADA DIVERS MUST:

1. Be current (dive activity within the previous 3 months).
2. Have the approval of an ADA Safety Officer.
3. Have a minimum of 25 logged dives.
4. Carry an alternate air source (octopus), time keeping device and depth gauge.
5. Have previous ADA diving experience.
6. All members must dive with at least a 72 cubic foot tank.

### ADA GUIDELINES FOR COMPUTER ASSISTED DIVING

1. Members using dive computers may extend their time underwater ten- (10) minutes beyond the time allowed by the tables.
2. Computer assisted dives must be well within the NO DECOMPRESSION LIMITS.
3. Members should understand and follow the manufacturer's recommendations.
4. If a computer diver is buddyed with a diver using the tables, both must follow the tables.
5. If a buddy-team is using unlike computers, both must follow the more conservative computer.
6. If, in a buddy-team, either computer fails, both divers must terminate the dive.

### IMPORTANT MESSAGE FROM THE SAFETY OFFICERS' COMMITTEE

All members are reminded to read the "Rules & Guidelines for Diving Activities" you received with your membership package. Number 16 states, "All divers must be present for the pre-dive briefing". If the diver is not present for the entire briefing, diving privileges may be revoked for that dive. Please plan to arrive on time - or better yet - a bit early. We thank you and appreciate your cooperation.

*Julio, Dan, Robert, Lee and Lon*

## CANCELLATION AND REFUND POLICY FOR LOCAL DIVE TRIPS

Because of our contractual agreements with our service agents - dive shops and boat captains, we must notify them - usually seven days in advance - of the final number of spaces we are paying for. Thus, if our members cancel less than seven days in advance, we regret that **NO REFUND OR CREDIT** can be given, unless trip cancellation insurance has been purchased at the time of the dive trip payment (see next news article!)

### ADA TRIP CANCELLATION INSURANCE

The Board of Directors has approved a unique concept in local diving: **NO FAULT INSURANCE!!**

For an additional \$5.00, per person, per local dive trip, members can eliminate the worry of losing their dive fees because of an unforeseen change of plans.

If, for any reason you are unable to attend a local dive for which you are scheduled and have paid the insurance, ADA will credit your dive fee to another date. *The \$5.00 insurance is non-transferable and non-refundable!*

When you make a reservation, ask for dive trip cancellation insurance. The Board has elected to continue the insurance offer for this year.

NOTE: It may be discontinued at any time without prior written notice.

Please call Lon with your questions and comments.

### IMPORTANT WEATHER INFORMATION

Before departing for the dive site, confirm weather condition with Lon or the designated Safety Officer. It is the responsibility of the member to call; we cannot call you due to the large number of divers involved. For morning dives, call between 6 and 10 p.m. the night before the dive. For afternoon dives, call between 9 and 10 a.m. the morning of the dive.

- 1.

## HOW TO MAKE DIVE RESERVATIONS

1. Check this newsletter or the annual calendar for upcoming dives.
2. Call Lon (305) 251-4975 to make a reservation. Please do not leave a message on the answering machine, The trip may be full.
3. We will hold your reservation for four (4) days from the date you call. If we do not receive payment within four days, your space may be given to other members. If you wish to confirm receipt, call Lon.
4. Ask for details about the trip when you call. Otherwise, details will be given when you call for a weather report. See important weather information in this and every issue)
5. Make your check payable to ACTIVE DIVERS ASSOCIATION. Not to any individual, and mail to :  
**Lon Von Lintel , 13374 SW 46 Terrace Miami, Fl. 33175**
7. Itemize dates of dives in the left hand corner of your check.
8. REMEMBER! That family members must have completed individual documentation to register as ADA members.

## ADA CHECK-IN TIMES !!!

Ours are different than the dive operators.  
When making dive reservations or during the all important  
**WEATHER CHECK.**  
Inquire about the **ADA CHECK-IN TIME.** Please arrive on  
time, or better yet, a bit earlier and chat with new friends and  
old buddies.



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Miami, Florida 33186  
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### The Mouthpiece ACTIVE DIVERS ASSOCIATION NEWSLETTER *September 2008*

Dive Trips/Return Address:  
Lon Von Lintel (305) 251-4975  
13374 SW 46 Terrace Miami, FL 33175

Membership:  
Frank Young  
1115 Country Club Prado  
Coral Gables, FL 33134  
305-903-1113  
[Membership@activedivers.org](mailto:Membership@activedivers.org)

Conservation:  
Jerry Kosakowski (954) 990-9534

Social:  
Patricia Hackett (305) 387-0015

Newsletter:  
Steve Herz (305) 606-6331  
[Newsletter@activedivers.org](mailto:Newsletter@activedivers.org)

Website: [www.activedivers.org](http://www.activedivers.org)  
Email: [info@activedivers.org](mailto:info@activedivers.org)