The Mouthpiece

NOVEMBER-DECEMBER 2001

THE ACTIVE DIVERS ASSOCIATION NEWSLETTER



THANK YOU VOLUNTEERS !!

ADA is able to provide our many services and benefits thanks to the men and women who generously volunteer their time and talents to get the jobs done. Without them ADA would not exist. They expect nothing in return for their efforts. But I want everyone to know who they are and their contributions-

Jim Kiernan- Membership Chair, Board Member, Chef, Photographer.

Chris Wood- Newsletter Editor, Board member, Internet Consultant.

Dan Baeza- Internet Consultant, Safety Officer, Board Member.

Maria Zarceno- Treasurer, Board Member

Pat Hacket- Secretary, Board Member, Social Chair.

Julio Raimundez- Board Member, Safety Officer, Social Chair, Kayak Leader.

Lee Wood- Vice President, Safety Officer, Board Member.

Enrique Gonzalez- Newsletter Mailings, Photographer, Board Member.

Jerry Kosakowski- Board Member, PR Assistant, Conservation.

Robert Fox- Board Member, Conservation.

Darryl Blackstone- Board member, Conservation.

Ignacio Medir- Chef

Sheila Solen- Photographer

Nic Boyd- Photographer

Carol Cox - Photographer

Thank you all, and to anyone I have overlooked, my apologies and thanks.

Lon

♯ NOVEMBER DIVE SCHEDULE ※

NOV 4, SUN AFTERNOON ⇒ DUANNE WRECK (ADVANCED)

\$35.00

Our favorite Coast Guard Cutter, upright in over 100 feet of blue water. It DOES count even when you don't touch bottom! OUR LIMIT 100 feet! See advanced criterion this issue.

NOV 11, SUN MORNING ⇒ BISCAYNE NATL. PARK (ADVANCED)

\$45.00 (Tanks Incl.) (BBQ \$7)

Sites - The Wall, Anniversary, Rocky Reef, Elkhorn Forest, Cuda Ledge, Ball Buoy, Doc DeMilly. Expect currents, usually we drift dive the deep reefs. Depths 70-110', average visibility 40-80'. Only one commercial dive boat allowed in area. **See advanced criterion this issue. BBQ after dive, see article this issue.**

NOV 18, SUN AFTERNOON ⇒ POMPANO (ADVANCED)

\$35.00

Drift dive with the currents, perhaps a deep reef or a wreck. Average depth 80', visibility 40-60', good chance of huge turtles. **See advanced criterion this issue.**

HAPPY HOLIDAYS

by Chris Wood

Yes, the holidays are upon us once again. I think all of us are looking forward to a few "Good Tidings of Great Joy". ADA would like to wish all our members a warm and wonderful holiday season. The newsletter goes into hibernation during December and January and pops it's head out of the snow in February of next year, possibly a little groggy and quite hungry. During that time, we will keep you up to date via email if there are any newsworthy events. Have an enjoyable holiday season and see you again next year.

HAIL TO THE CHIEF

by Chris Wood

The hardest working guy in our club just can't catch a break. His name always gets left off the "Official" list of volunteers (I'm gonna have to have a talk with the guy who makes up that list). You may know him, you might have seen him on a dive - probably every dive. He is our Club President, Lon Von Lintel. His efforts could hardly go unnoticed though. Just a few of the hats he wears are: Newsletter Article Submission, ADA Staff Photographer, Dive Coordinator, Trip Coordinator, Board Member, Safety Officer, and President. There are many other things he does too which don't have fancy names but nonetheless take a great deal of effort. On behalf of all ADA members I would like to thank you Lon for your tireless efforts within the club. If we just had another guy like you, the rest of us could retire! Actually, you're one of a kind and we're glad you're our President.

CHANNEL 6 ECO-FRIENDLY

by Lon Von Lintel

NBC affiliate channel 6, WTVJ from Miami, has made a year long commitment to highlight environmental concerns that all of us in South Florida should appreciate. In a 30 minute special they addressed the problem of the mortality of coral reefs, (aired the week of Aug. 6) and how it will effect you and I. This program was powerful and informative, it documented the concerns we have had for the past few years. In their 6 pm newscast on Aug. 17 they reported the latest news of a shark attack in the Bahamas, as did all other stations here and abroad. But to their credit, they also followed it by an editorial chastising the news media in general for hyping these recent shark attack stories, and then told the untold story of how the shark fin soup frenzy in the Far East has caused the shark populations to plummet toward extinction. We as divers should applaud their courageous response to this media frenzy and their attempt to put nature in perspective. I have visited their site on the web and suggest you do as well. Take the time to tell them if you approve of their efforts to protect and preserve our dying ecosystem. I do. You may visit their site at:

www.nbc6.net - click on the Eco-Watch section.



ADA and AMERICA UNITED



ADA would like to thank all the military and civil servants who are protecting us and our freedoms during these times. We appreciate your efforts and our thoughts are with you.

IMPORTANT NOTICE

Those members who have dive credits at the end of the dive season may request a refund or apply it to next year's membership. If you wish to request a refund you must do so by Nov 30, 2001. Otherwise single dive credits will be applied to membership, and multiple credits will be refunded. Call Lon to request refunds.

November B-Days	
Frank Taylor, Jr.	4
Terry Avick	6
Denise Downing	8
Dafne Martinez	10
Kelly Brooks	22
Bill Schultheis	26
Walter Fass, Jr.	29
Nelson Benedico	30
December B-Days	
Fred Schlafly	4
Ricardo Armelin	6
Mike Lefkowitz	6
Shelby Hartman	7
Loretta Marshall	9
Cynthia Holden	10
Tom Jones	10
Marta Raimundez	12
Marcella Nemec	16
Jerry Kosakowski	22
Terry Whatley	22
Jon Spath	23
Chuck Porter	27
R. Dan Nafe	31

Earn Free dives & BBO

Throughout the year, ADA will offer BBQ's after selected dives. You can enjoy both for free! All you do is volunteer to be the chef of the day - we provide a list of foods, you buy & bring to the dive. After the dive, you & the ADA Safety Officer cook & serve to the hungry divers. It's not too hard, and a great way to go for free! Call Lon & sign up. (ADA will reimburse monies spent for food).

Post-Dive BBQ's \$7

Nov 11 - BNP

Last year our BBQ's were a great success. A hot delicious meal after an exciting dive is a wonderful way to punctuate the day. Cooking will begin just after we hit (not too hard I hope) the dock, and before you have stowed your gear, your choice of grilled meats will be ready for your enjoyment. Including: Grilled chicken, hamburgers, hotdogs Soda or beer

Potato Salad, slaw, chips & condiments

When you make your dive reservation, indicate if you plan to join us (check the dive schedule first to make sure it's a BBQ dive) & include an additional \$7 with your dive schedule reservation payment.

New! ADA T-SHIRTS & TANK TOPS

Show Your team spirit and pride to belong to one of the largest and oldest dive clubs in the USA!

On sale at most ADA activities

\$10 each.

OFF SEASON DIVING

By JIM KIERNAN

As most of the members know, our season as a club ends this year on November 18th.

Many have asked why we don't continue with scheduled club dives into the winter months. The reason is the uncertainty of weather, resulting in many weather-related trip cancellations. This makes it very difficult to administer.

However, during the off-season, Lon and I do dive almost every weekend, weather permitting. Frequently, others have asked us to let them know when we do go, so they can join us.

This off-season, if you wish to be made aware of such dives, let me know. I will keep a list of those wishing to be notified, and will call each week we're going out, early in the week, and give you the opportunity to go with us.

These dives however, are <u>NOT</u> Club Sponsored, so each person will call the appropriate shop that week to make his or her own reservation. There will be no ADA Safety Officer on duty and ADA assumes no liability or responsibility.

ADA RULES & REGULATIONS

All Members Must be familiar with the following

FOR ALL ADVANCED DIVES (DEPTHS OVER 60') ADA DIVERS MUST:

- **1.** Be current (dive activity within the previous 3 months).
- 2. Have the approval of an ADA Safety Officer.
- 3. Have a minimum of 25 logged dives.
- Carry an alternate air source (octopus), time keeping device and depth gauge.
- **5.** Have previous ADA diving experience.
- 6. All members must dive with at least a 72 cubic foot tank.

ADA GUIDELINES FOR COMPUTER ASSISTED DIVING

- Members using dive computers may extend their time underwater ten-(10) minutes beyond the time allowed by the tables.
- Computer assisted dives must be well within the NO DECOMPRESSION LIMITS.
- Members should understand and follow the manufacturer's recommendations.
- **4.** If a computer diver is buddied with a diver using the tables, both must follow the tables.
- **5.** If a buddy-team is using unlike computers, both must follow the more conservative computer.
- If, in a buddy-team, either computer fails, both divers must terminate the dive.

IMPORTANT MESSAGE FROM THE SAFETY OFFICERS' COMMITTEE

All members are reminded to read the "Rules & Guidelines for Diving Activities" you received with your membership package. Number 16 states, "All divers must be present for the pre-dive briefing". If the diver is not present for the entire briefing, diving privileges may be revoked for that dive. Please plan to arrive on time - or better yet - a bit early. We thank you and appreciate your cooperation.

Julio, Dan, Robert, Lee and Lon

CANCELLATION AND REFUND POLICY

ADVICE TO OLDER DIVERS

Through Project Dive Exploration DAN is trying to answer questions about aging and diving. Using Doppler to detect venous gas emboli over the heart of divers, they found that 30% more bubbles was found in divers at age 57 than those at age 33, and 20% more in males than females. They concluded that "If we are cardiovascularly fit, exercise regularly, not more than 20% overweight, and have no serious potentially incapacitating disease, we shouldn't stop diving. BUT as we age beyond 60 we might consider limiting our diving to shallower depths...." For complete info on this subject see "Alert Diver" July 2001.

FOR LOCAL DIVE TRIPS

Because of our contractual agreements with our service agents - dive shops and boat captains, we must notify them - usually seven days in advance - of the final number of spaces we are paying for. Thus, if our members cancel less than seven days in advance, we regret that *NO REFUND OR CREDIT* can be given, unless trip cancellation insurance has been purchased at the time of the dive trip payment (see next news article!)

ADA TRIP CANCELLATION INSURANCE

The Board of Directors has approved a unique concept in local diving: NO FAULT INSURANCE!!

For an additional \$5.00, per person, per local dive trip, members can eliminate the worry of losing their dive fees because of an unforeseen change of plans.

If, for any reason you are unable to attend a local dive for which you are scheduled and have paid the insurance, ADA will credit your \$29.00 dive fee to another date. The \$5.00 insurance is non-transferable and non-refundable!

When you make a reservation, ask for dive trip cancellation insurance.

The Board has elected to continue the insurance offer for 2001.

NOTE: It may be discontinued at any time without prior written notice.

Please call Lon with your questions and comments.

IMPORTANT WEATHER INFORMATION

Before departing for the dive site, confirm weather condition with Lon or the designated Safety Officer. It is the responsibility of the member to call; we cannot call you due to the large number of divers involved. For morning dives, call between 6 and 10 p.m. the night before the dive. For afternoon dives, call between 9 and 10 a.m. the morning of the dive.

IN REMEMBRANCE

At a difficult time, ADA Member Ignacio Medir shares the following news with us.

"I wish I could send you a better e-mail, my wife just passed away from her cancer. It was a long struggle but it was time for her to go home and to be pain free. The love we shared will be always on my heart, some day we will be together again. I hope in Heaven I can show her how to dive, it must be magnificent! Hey, unlimited bottom time!!!"

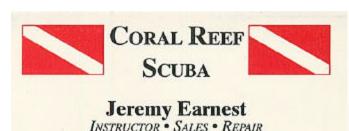
Our deepest sympathies and prayers go out to Ignacio and his family.

HOW MAKE **DIVE** RESERVATIONS T O

- 1) ✓ Check this newsletter or the annual calendar for upcoming dives.
- 2) **a** Call Lon at (305) 251-4975 to make a reservation. Please do not leave requests on his answering machine, the trip may be full.
- We will hold your reservation for four (4) days from the date you call. If we do not receive payment within four days, your space may be given to other members. If you wish to confirm receipt, call Lon.
- 4) Ask for details about the trip when you call. Otherwise, details will be given when you call for a weather check. (See "Important Weather Information" this and every issue)
- 5) Make your check payable to ACTIVE DIVERS ASSOCIATION, not to any individual, and mail to: Lon Von Lintel, 15305 SW 104 Ave., Miami, FL 33157
- 6) Itemize dates of dives on bottom-left corner of check.

7) Do not pay for persons other than spouses or other family members. Include their names on check.

REMEMBER: That family members must have completed individual documentation to register as ADA members.



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(954) 748-5105 Ph dive@coralreefscuba.com

(954) 748-6208 Fx

JUDY B. WILLIAMS 11205 S. DIXIE HIGHWAY NATIONS BANK BUILDING, SUITE 220 MIAMI, FL 33156 BUS: (305) 278-8600 FAX: (305) 278-0830 STATE FARM INSURANCE COMPANIES HOME OFFICE: BLOOMINGTON, ILLINOIS Like a good neighbor, State Farm is there.

BUSINESS CARD ADS

Space Available

5 Issues **⇒** \$50 10 Issues **⇒** \$75

To Place Your AD Please Contact: Chris Wood (305) 754-6882

PENNEKAMP PARK with ptain Slate's - PADI - CMAS - NAUI Instruction, Reel Trips, Rentals & Air PH: 305-451-3020 / 451-1325 * U.S.: 800-331-DIVE * Fax: 305-451-9240 E-Mail: dive@captainslate.com • Website: http://www.pennekamp.com/atlantis

51 Garden Cove Drive • Mile Marker 106.5 • Key Largo, Florida 33037

RSD's Top 10

Top 10 Ways To Tell There Are Too Many People on the Boat

- 10) A borrowed bottle of mask defogger is passed around and returned empty.
- 9) The guy in front of you enters with your octopus in his mouth.
- 8) The diversaster comes up to you and your buddy and says, "OK, this tank is for you two."
- 7) A boatload of refugees stops by and offers to take some people in their boat.
- 6) You put one leg in your wetsuit and the other in your neighbor's.

- 5) The Coast Guard tries to turn your boat back to the country of its origin.
- 4) They have the "Take a Number" machine and the "Now Serving" sign.
- 3) You get stopped by the U.S. Coast Guard, who asks if they can provide any food, water or medical assistance.
- 2) The dive operator offers a 10 percent discount to divers willing to hold onto the hang bar on the way out to the site.
- 1) You see a handwritten "0" added to the end of the number on the sign that indicates maximum capacity.

2001 DIVING SEASON WINDS DOWN

It's November once again, and ADA's diving activities are coming to a close. For those of you who are new to the club, we suspend diving during the winter months (Dec, Jan, Feb) and resume again in March/April. Holiday constraints and unpredictable weather preclude us from running official ADA dives. However, there are many good diving days during the winter months and many ADA members get together and continue diving during these times. See our article on "Off Season Diving". (Note: these are not club sponsored dives)

None of us, myself included, will be the same after the tragedy of September 11, 2001. But when life hands you lemons, you make lemonade. I am so encouraged how our country has come together as a nation and have never felt more proud to call myself an American. The grief and loss of life we have endured can never be measured, but neither can the capacity of our spirit or the countless freedoms we have. We may never again be the same people we were before September 11, but in many ways we are better - not for it, but because of it. And when I explore my next reef, soaking up all the wondrous things around me, the term "America The Beautiful" will have found new meaning.

Your Editor,

Chris

Inside this month's issue you'll find:

- Year-End Dive Credits and Off-Season/Winter Diving
- Check out the November Dive Schedule LAST DIVES OF THE SEASON!
- New Family Fun Activities Including Kayaking, Picnics, Camping, BBQ's, and more!
- Environmental & Local Issues

THE Mouthpiece ACTIVE DIVERS ASSOC NEWSLETTER

November-December 2001 Issue

Dive Trips/Return Address: Lon Von Lintel (305) 251-4975 15305 SW 104 Ave., Miami, FL 33157

Membership:

Jim Kiernan (954) 752-6234 1653 Cypress Pointe Dr., Coral Springs, FL 33071 nyflash@bellsouth.net

Conservation:

Jerry Kosakowski (954) 680-1642

Social:

Julio Raimundez (305) 551-7545 Patricia Hackett (305) 387-0015

Newsletter: Chris Wood (305) 754-6882 cwood6@bellsouth.net

Website: www.activedivers.org
Email: info@activedivers.org



THINKING ABOUT MOVING? ☎ DON'T KEEP IT A SECRET!

Call Jim at Membership (954-752-6234) *It could save your newsletter.*