



The Mouthpiece



November 2003 THE ACTIVE DIVERS ASSOCIATION

November

Sun. Nov. 2 PM Boca (Advanced)
Giant Jew fish, stingray and eel feed. Professional guide attracts and hand feeds a variety of big animals as we watch at a safe distance. Depth 70', visibility 40-60', strong currents. **See advanced criterion this issue.**

Sun. Nov. 9 PM Eagle (Advanced) Barbeque \$7.00
The EAGLE, named for its donor, The Eagle Tire Company, is a huge freighter, lying on it's side in about 115' of water. Two green morays call it home, as do tarpon and barracudas. We call it a great dive! **See advanced criterion this issue.**

Sun. Nov. 16 PM Palm Beach (Advanced)
Drift Dive in swift currents, giant turtles, grouper, schooling fish and outstanding color. Depth 80-100', visibility 40-100'. Many wreck/reef sites to choose. **See advanced criterion this issue.**

Sun. Nov. 23 PM Dania (Advanced)
Drift dive with the currents, perhaps a deep reef or a wreck. Average depth 80', visibility 40-60', good chance of huge turtles. See advanced criterion this issue. **See advanced criterion this issue.**

Sun. Nov. 30PM N. Key Largo Spiegel Grove
Sites may include: The Christ of the Abyss, the Elbow, N. Dry Rocks, N. N. Dry Rocks, Grecian Rocks, Carysfort, Shark Reef. Average depth 30', usually no current. Average visibility is 30-50' with many tropicals, morays, cudas.

LAST DIVES OF THE SEASON

If you noticed the dive schedule this issue, you see that we do not have dives Dec.– Mar. This is due to cooler weather and strong winds, which make diving not so fun. But for those who **MUST** dive, we do have small groups who at the last minute decide to go. To be notified when some of us hard core are going, call Jim at 954 -227 -8885 and he will put you on the list.

These are not ADA dives, no Safety Officer will be on duty, and ADA does not assume any liability. ADA dives will resume in April of next year.

Last Newsletter of the Year

I want to thank you for allowing me to do the "Mouthpiece" this year. I enjoyed the experience very much and look forward to more exciting issues next year. If you have suggestions or ideas, please let me know. — Steve Herz

WE HAVE OUR WINNERS!!!

As everyone knows, we had our free big raffle Sept. 27 at the Dania Beach dive. It was a lot of fun and we want to thank our generous prize donors and congratulate our winners.

A \$200 gift certificate from Biscayne National Park (thanks Tom) won by Sharon Baron

Two free dive trips from Atlantis Dive Center (thanks Spencer) won by Rebecca Sanchez

Two free dive trips from Florida Keys Dive Center (thanks Tom) won by Marcella Nemec

A \$200 gift certificate from S. E. Oceanic Services (thanks Mike) won by Russell Dunn

A Scuba Pro console from Austins Dive Center (thanks Tom) won by Carol Cox

A \$100 gift certificate from Divers Den (thanks Ray) won by Will Hand

Brunch for two from 94th Aero Squadron (thanks Ana) won by Sheila Solen

We also gave away many smaller prizes at our local dive trips. What will we do next year? We are open to suggestions.

The 5 top signs your wearing Inappropriate Gear

- 1. Ice crystals are forming on the edges of your shorty.
2. You're being stalked by PETA protestors.
3. During a surface check, your buddy finds "Pong" as an option on your dive computer.
4. The parachute and helmet don't seem to work too well when wet.
5. Your 5mm...kilt?

SCUBA PRO RECALL
IMPORTANT SAFETY MESSAGE

All owners of the All Smart Pro and the Smart Com dive computers should stop using them immediately! A software programming error may cause inaccurate information to be displayed. For a Free replacement call 800-808-3948 or contact your local dealer.

THANK YOU TO OUR VOLUNTEERS

All the services and benefits enjoyed by our members are the result of our hard working volunteers who give their time and talents to make it happen. ADA is a totally volunteer organization and could not exist without these generous people.

Jim Kiernan– Membership chair, Board member, Chef.
Steve Herz– Newsletter chair.
Maria Zarceno– Treasurer, Board member, Chef.
Dan Baeza- Safety Officer, Internet consultant, Board member.
Lee Wood- Safety Officer, Secretary, Board member.
Chris Wood– Board member, Internet consultant.
Pat Hackett- Social chair, Board member, Secretary.
Enrique Gonzalez– Board member, Newsletter assistant.
Jerry Kosakowski- Conservation chair, Board member.
Carol Kelley– Phone committee.
Carol Cox– Prize donor, Newsletter.
Nic Boyd– Photo contest chair, Newsletter.
Mike Mesgleski– Contest judge.
Robert Fox- Safety Officer, Chef.
Sharon Baron– Kayak chair, Board member.
Sheila Solen– Newsletter.
Dafny Martinez– Newsletter
Mike Ewanus– Newsletter
Frank Young– Newsletter
Roy Wasson– Newsletter
Barbara Fox—Chef
Robert Fox —Chef



To anyone I may have over looked, my apologies and thanks!

Post Dive Barbeque

Nov. 9 Tavernier
Last of the Season!

Cost \$7.00 includes-

Grilled hotdogs, hamburgers, chicken, Potato Salad, Coleslaw, chips and fixins. Soda & Beer.

While divers are tending their gear, our chef of the day will be preparing a feast fit for a King/Queen or at least for hungry divers. We invite all divers on the above dates to join us for good outdoor food and telling tall fish tales. Please send \$7 along with the dive fees, you may make one check for both.

DIVE AND EAT FREE

That's right, on our BBQ days you can earn a free dive and free eats. It's easy, just volunteer to be the chef of the day and you go for free.

Here's how it works -

You buy the food and bring to the dive, after which you and the Safety Officer will prepare and serve.

The supplies and menu list will be faxed to you a few days prior with an exact list of needed items.

Then you submit a receipt and your expenses will be reimbursed. Call Lon for more info and sign up!



1st Prize Anything Goes
Blue Heron Bridge Octopus Eye by Mike Ewanus



1st Prize Film Point & Shoot Sea&Sea Reefmaster
Mein Car Night Dive by Enrique Gonzalez



1st Prize in Manual Digital with E20N in Titan Housing
J. Nicholas Boyd



1st Prize Film Manual Sea\$Sea Mx10 ys40 strobe 20 mm lens
Davis Reef Carol Cox

November Winners

Anything Goes
Point & Shoot
Manual Digital
Film Manual

Mike Ewanus
Enrique Gonzalez
J. Nicholas Boyd
Carol Cox



Did you enjoy this years Photo Contest? Let us know...Any suggestions for next year...Lets hear from you.

By Popular Demand, we were able to get the recipes so many people asked for from the last Biscayne Park Barbecue. Thank you so much Barbara & Robert Fox.

ROBERT'S BISCAIYNE PARK POTATO SALAD

1 ½ POUNDS WHITE POTATOES, UNPEELED, CUBED
2 EGGS
¼ CUP SWEET PICKLE JUICE
½ CUP MAYONNAISE
½ CUP SWEET GERKIN PICKLES, CHOPPED
½ CUP DICED CELERY
¼ CUP SCALLIONS, CHOPPED
2 TABLESP CHOPPED FRESH CILANTRO
1 TABLESP PREPARED DIJON MUSTARD
1 TEASPOON SUGAR
SALT, PEPPER AND CAYENNE TO TASTE.

Boil potatoes and eggs in salted water until tender (12-15 min)
Drain. Set eggs aside to cool
Toss hot potatoes with pickle juice. Cool to room temperature.
Peel and slice eggs into ¼" thick rounds.
Combine all other ingredients in separate large bowl.
Gently add potatoes and eggs to mixture. Mix and store in refrigerator.
Serve cold or at room temperature.

(Better the next day.)

NEW ENGLAND OYSTER HOUSE COLESLAW

2 cups mayonnaise
½ cup sugar
2 tablesp white vinegar
2 tablesp white horseradish
½ teaspoon celery seed
1 medium head cabbage (we like white and red mixed)
2 medium onions

Blend first five ingredients thoroughly and chill.
Shred or chop cabbage and onions fine to medium.
Mix dressing with cabbage and onions.
Add salt and pepper to taste.

(Better if prepared the day before.)

WASABI MAYONNAISE

1 cup mayonnaise
4 teaspoons soy or tamari sauce
1 ½ teaspoons sugar
2 teaspoons fresh lemon juice
3 teaspoons wasabi paste

Wisk all ingredients together until sugar is dissolved.



COPY Experts

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ADA RULES & REGULATIONS

All Members Must be familiar with the following

FOR ALL ADVANCED DIVES (DEPTHS OVER 60') ADA DIVERS MUST:

1. Be current (dive activity within the previous 3 months).
2. Have the approval of an ADA Safety Officer.
3. Have a minimum of 25 logged dives.
4. Carry an alternate air source (octopus), time keeping device and depth gauge.
5. Have previous ADA diving experience.
6. All members must dive with at least a 72 cubic foot tank.

ADA GUIDELINES FOR COMPUTER ASSISTED DIVING

1. Members using dive computers may extend their time underwater ten- (10) minutes beyond the time allowed by the tables.
2. Computer assisted dives must be well within the NO DECOMPRESSION LIMITS.
3. Members should understand and follow the manufacturer's recommendations.
4. If a computer diver is buddyed with a diver using the tables, both must follow the tables.
5. If a buddy-team is using unlike computers, both must follow the more conservative computer.
6. If, in a buddy-team, either computer fails, both divers must terminate the dive.

CANCELLATION AND REFUND POLICY FOR LOCAL DIVE TRIPS

Because of our contractual agreements with our service agents - dive shops and boat captains, we must notify them - usually seven days in advance - of the final number of spaces we are paying for. Thus, if our members cancel less than seven days in advance, we regret that **NO REFUND OR CREDIT** can be given, unless trip cancellation insurance has been purchased at the time of the dive trip payment (see next news article!)

ADA TRIP CANCELLATION INSURANCE

The Board of Directors has approved a unique concept in local diving: **NO FAULT INSURANCE!!**

For an additional \$5.00, per person, per local dive trip, members can eliminate the worry of losing their dive fees because of an unforeseen change of plans.

If, for any reason you are unable to attend a local dive for which you are scheduled and have paid the insurance, ADA will credit your dive fee to another date. *The \$5.00 insurance is non-transferable and non-refundable!*

When you make a reservation, ask for dive trip cancellation insurance. The Board has elected to continue the insurance offer for this year.

NOTE: It may be discontinued at any time without prior written notice.
Please call Lon with your questions and comments.

IMPORTANT MESSAGE FROM THE SAFETY OFFICERS' COMMITTEE

All members are reminded to read the "Rules & Guidelines for Diving Activities" you received with your membership package. Number 16 states, "All divers must be present for the pre-dive briefing". If the diver is not present for the entire briefing, diving privileges may be revoked for that dive. Please plan to arrive on time - or better yet - a bit early. We thank you and appreciate your cooperation.

Julio, Dan, Robert, Lee and Lon

IMPORTANT WEATHER INFORMATION

Before departing for the dive site, confirm weather condition with Lon or the designated Safety Officer. It is the responsibility of the member to call; we cannot call you due to the large number of divers involved. For morning dives, call between 6 and 10 p.m. the night before the dive. For afternoon dives, call between 9 and 10 a.m. the morning of the dive.



HOW TO MAKE DIVE RESERVATIONS

1. Check this newsletter or the annual calendar for upcoming dives.
2. (Call Lon at (305) 251-4975 to make a reservation. Please do not leave requests on his answering machine, the trip may be full.
3. We will hold your reservation for four (4) days from the date you call. If we do not receive payment within four days, your space may be given to other members. If you wish to confirm receipt, call Lon.
4. Ask for details about the trip when you call. Otherwise, details will be given when you call for a weather check. (See "Important Weather Information" this and every issue)
5. * Make your check payable to **ACTIVE DIVERS ASSOCIATION**, not to any individual, and mail to:
Lon Von Lintel, 15305 SW 104 Ave., Miami, FL 33157
6. Itemize dates of dives on bottom-left corner of check.
7. Do not pay for persons other than spouses or other family members. Include their names on check.
8. REMEMBER: That family members must have completed individual documentation to register as ADA members.



LUXFER OFFERS \$50 FOR OLD TANKS

For scuba tanks made between 1972 and 1987 they will give a credit towards a new tank.
Call 1 800 764 0366 or your local dive shop for more info.

What is Coral?

Divers know that coral reef communities provide a special getaway to escape from the pressures of daily life, a chance to explore the unknown and to observe an underwater world of nature, unparalleled on land. But it is a fragile community, relying on a delicate balance of water temperature and quality, light penetration and available nutrients for its survival. Only by understanding a little about the corals that make up this community can we begin to see the need for protective measures.

These underwater communities include both hard and soft corals, which serve as the foundation for the reef ecosystem. Their growth rate is extremely slow. Hard corals, such as the brain and star varieties, grow only about 1/5 inch per year in local waters. Soft corals, such as sea fans and gorgonians, average an annual growth rate of just one inch.

Coral is actually a living animal. However, it is only the top surface which is alive with coral polyps, which are embedded in the hard limestone skeleton of each preceding colony of polyps. This living surface is no more than 1/2 inch deep and can easily be damaged by the heavy impact of an anchor, dragging boat lines or the careless touch of a diver. Once the coral skeleton is exposed, it is immediately vulnerable to algae and sponge colonization. These faster growing organisms will then be competing with the coral polyps for space on the hard coral base.

Coral reef communities have been able to withstand natural destructive forces for thousands of years, but human destruction can easily tip the delicate balance in the wrong direction. If the coral reefs die, marine life must migrate to survive, leaving behind barren, algae-encrusted forms, void of a once thriving marine community. Everyone who enjoys the beauty and bounty of the ocean must begin to act now, while there's still something left to preserve and protect!

THE Mouthpiece
ACTIVE DIVERS ASSOCIATION
NEWSLETTER
Oct. 2003



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